**Ready or Not, Here We Come!  CPD Programme for Participating Schools**

Dear Headteacher

As part of a new study of children’s early school experiences, we are launching a virtual CPD programme to inform and stimulate discussion around a range of key topics of interest for primary school teachers. Our first event is on Thursday March 4th via zoom: 4-5pm

If you would like to attend this event then please email Claire Hughes (ch288@cam.ac.uk) who will send you the link.

This first event will focus on **wellbeing, worries and mental health in childhood** and is free and open to all schools in and around Cambridge and Birmingham (the twin sites for our ‘Ready or Not’ study). We have two wonderful speakers who have agreed to take part in this event:

Dr Charlotte Wilson, Clinical Psychologist at Trinity College Dublin and author of a new book entitled “Understanding Children’s Worry”.


Dr Praveetha Patalay - Artist and Academic, based at UCL, [https://patalay.com/scientist/](https://patalay.com/scientist/).

Praveetha works on causes and effects of depression in children and adolescents. She has recently been elected to the prestigious Forbes list ‘30 under 30’ for science and health.


The remaining 11 events outlined below are free to all staff at schools that assist us in recruiting families for the ‘Ready or Not’ study, which will also be primarily online. To find out more about what taking part in the ‘Ready or Not’ study might involve for your school, please click here: [https://www.cfr.cam.ac.uk/Ready-or-Not](https://www.cfr.cam.ac.uk/Ready-or-Not).
Thurs 6th May (4-5pm): Mitigating the impact of the pandemic – A panel discussion

Tania Clarke (PhD student)  
*University of Cambridge*  
How has the pandemic affected schools?

Dr Joni Holmes  
*University of Cambridge*  
Mental Health in Struggling Learners

Dr Adam Baron  
*University of Edinburgh*  
Supporting Schools through the Pandemic

Thursday 1st July (4-5pm): Outdoor play and the importance of nature

Samantha Friedman  
(PhD student)  
*University of Cambridge*  
Fostering children’s connection to nature

Dr Jenny Gibson  
*University of Cambridge*  
Why outdoor risky play matters

Thursday 2nd September (4-5pm): Tools for monitoring progress and wellbeing

Dr Rory Devine  
*University of Birmingham*  
Rating School Readiness – the Brief Early Skills and Support Index (BESSI)

Kate Allen (PhD student)  
*University of Exeter*  
‘How I Feel About My School’ – a new measure for children (HIFAMS)
**Thursday November 4th (4-5pm): Tuning into thoughts and feelings**

Prof Claire Hughes  
*University of Cambridge*  
Family influences on mindreading

Dr Elian Fink  
*University of Sussex*  
Mindreading in the playground

**Thursday January 6th 2022 (4-5pm): Ethnic diversity in the classroom**

Dr Napoleon Katsos  
*University of Cambridge*  
Multilingual children at school and at home

Dr Humera Iqbal  
*University College London*  
Multicultural Friendships

**Thursday March 3rd 2022 (4-5pm): Neurodiversity in the classroom**

Dr Umar Toseeb  
*University of York*  
Understanding Developmental Language Disorders

Dr Hana D’Souza  
*University of Cambridge*  
School experiences of children with Down syndrome
Thursday May 5th 2022 (4-5pm): Shared Picture Book reading

Keya Elie (PhD student)  Parents, Pre-schoolers and Picture books
*University of Cambridge*

Dr Serena Lecce  Stories as a tool for promoting social understanding
*University of Pavia, Italy*

Katherine De Wilder  Helping Parents Share Picture Books
*University of Oxford*

Thursday July 7th 2022 (4-5pm): Flexibility and Focus

Prof Claire Hughes  Early family influences on self-regulation
*University of Cambridge*

Dr Michelle Ellefson  Can interventions improve children’s self-regulation?
*University of Cambridge*
Thursday September 8th (4-5pm): Early numeracy and maths anxiety

Prof Emily Farran  
*University of Surrey*  
The importance of spatial thinking for mathematics in the primary school years.

Dr Dénes Szücs  
*University of Cambridge*  
Understanding Maths Anxiety  

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Thursday 3rd November 2022 (4-5pm): Building Bridges between Schools and Families

Anne Parker  
*Foundation Years Trust*  
Strategies for engaging parents

Caoimhe Dempsey  
(PhD student)  
*University of Cambridge*  
Parents’ experiences of children’s transition to school

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Thursday January 5th 2023: Supporting teachers relationships with children

Dr Sandra Mathers  
*University of Oxford*  
Relational Pedagogy and Early Language Development

Dr Christine O’Farelly  
*University of Cambridge*  
Using Video Feedback to Enhance Teacher-Child Relationships  
[https://www.educ.cam.ac.uk/centres/pedal/](https://www.educ.cam.ac.uk/centres/pedal/)