

Ready or Not, Here We Come! CPD Programme for Participating Schools

Dear Headteacher

As part of a new study of children's early school experiences, we are launching a virtual CPD programme to inform and stimulate discussion around a range of key topics of interest for primary school teachers. Our first event is on Thursday March 4th via zoom: 4-5pm

If you would like to attend this event then please register using this Eventbrite link:

<https://www.eventbrite.co.uk/e/ready-or-not-launch-understanding-childhood-worry-depression-tickets-143173312231>

This first event will focus on **wellbeing, worries and mental health in childhood** and is free and open to all schools in and around Cambridge and Birmingham (the twin sites for our 'Ready or Not' study). We have two wonderful speakers who have agreed to take part in this event:



Dr Charlotte Wilson, Clinical Psychologist at Trinity College Dublin and author of a new book entitled "Understanding Children's Worry".

<https://www.routledge.com/Understanding-Childrens-Worry-Clinical-Developmental-and-Cognitive/Wilson/p/book/9780815378884>



Dr Praveetha Patalay - Artist and Academic, based at UCL,
<https://patalay.com/scientist/>.

Praveetha works on causes and effects of depression in children and adolescents. She has recently been elected to the prestigious Forbes list '30 under 30' for science and health.

<https://www.forbes.com/profile/praveetha-patalay/>

The remaining 11 events outlined below are free to all staff at schools that assist us in recruiting families for the 'Ready or Not' study, which will also be primarily online. To find out more about what taking part in the 'Ready or Not' study might involve for your school, please click here:

<https://www.cfr.cam.ac.uk/Ready-or-Not> .

Thurs 6th May (4-5pm): Mitigating the impact of the pandemic – A panel discussion



Tania Clarke (PhD student)
University of Cambridge

How has the pandemic affected schools?



Dr Joni Holmes
University of Cambridge

Mental Health in Struggling Learners



Dr Adam Baron
University of Edinburgh

Supporting Schools through the Pandemic

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Dr James Birchwood
University of Birmingham

Add title

Thursday 1st July (4-5pm): Outdoor play and the importance of nature



Samantha Friedman |
(PhD student)
University of Cambridge

Fostering children's connection to nature



Dr Jenny Gibson
University of Cambridge

Why outdoor risky play matters

Thursday 2nd September (4-5pm): Tools for monitoring progress and wellbeing



Dr Rory Devine
University of Birmingham

Rating School Readiness – the Brief Early
Skills and Support Index (BESSI)



Kate Allen (PhD student)
University of Exeter

'How I Feel About My School' – a new
measure for children (HIFAMS)

4th November (4-5pm): Tuning into thoughts and feelings



Prof Claire Hughes
University of Cambridge

Family influences on mindreading



Dr Elian Fink
University of Sussex

Mindreading in the playground

Thursday January 6th 2022 (4-5pm): Ethnic diversity in the classroom



Dr Napoleon Katsos
University of Cambridge
Cambridge Bilingualism Network

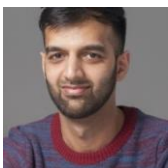
Multilingual children at school and at home



Dr Humera Iqbal
University College London

Multicultural Friendships

Thursday March 3rd 2022 (4-5pm): Neurodiversity in the classroom



Dr Umar Toseeb
University of York

Understanding Developmental Language
Disorders



Dr Hana D'Souza
University of Cambridge

School experiences of children with Down
syndrome

Thursday May 5th 2022 (4-5pm): Shared Picture Book reading



Keya Elie (PhD student)
University of Cambridge

Parents, Pre-schoolers and Picture books



Dr Serena Lecce
University of Pavia, Italy

Stories as a tool for promoting social understanding



Katherine De Wilder
University of Oxford

Helping Parents Share Picture Books

Thursday July 7th 2022 (4-5pm): Flexibility and Focus



Prof Claire Hughes
University of Cambridge

Early family influences on self-regulation



Dr Michelle Ellefson
University of Cambridge

Can interventions improve children's self-regulation?

Thursday September 8th (4-5pm): Early numeracy and maths anxiety



Prof Emily Farran
University of Surrey

The importance of spatial thinking for mathematics in the primary school years.



Dr Dénes Szücs
University of Cambridge

Understanding Maths Anxiety
<http://www.ibe.unesco.org/en/news/math-anxiety-educational-practices-series-31>

Thursday 3rd November 2022 (4-5pm): Building Bridges between Schools and Families



Anne Parker
Foundation Years Trust

Strategies for engaging parents



Caoimhe Dempsey
(PhD student)
University of Cambridge

Parents' experiences of children's transition
to school

Thursday January 5th 2023: Supporting teachers relationships with children



Dr Sandra Mathers
University of Oxford

Relational Pedagogy and Early Language
Development



Dr Christine O'Farely
University of Cambridge

Using Video Feedback to Enhance Teacher-
Child Relationships
<https://www.educ.cam.ac.uk/centres/pedal/>