Ready or Not, Here We Come! CPD Programme for Participating Schools

Dear Headteacher

As part of a new study of children’s early school experiences, we are launching a virtual CPD programme to inform and stimulate discussion around a range of key topics of interest for primary school teachers. Our first event is on Thursday March 4th via zoom: 4-5pm

If you would like to attend this event then please register using this Eventbrite link: https://www.eventbrite.co.uk/e/ready-or-not-launch-understanding-childhood-worry-depression-tickets-143173312231

This first event will focus on wellbeing, worries and mental health in childhood and is free and open to all schools in and around Cambridge and Birmingham (the twin sites for our ‘Ready or Not’ study). We have two wonderful speakers who have agreed to take part in this event:

Dr Charlotte Wilson, Clinical Psychologist at Trinity College Dublin and author of a new book entitled “Understanding Children’s Worry”.


Dr Praveetha Patalay - Artist and Academic, based at UCL,

https://patalay.com/scientist/.

Praveetha works on causes and effects of depression in children and adolescents. She has recently been elected to the prestigious Forbes list ‘30 under 30’ for science and health.

https://www.forbes.com/profile/praveetha-patalay/

The remaining 11 events outlined below are free to all staff at schools that assist us in recruiting families for the ‘Ready or Not’ study, which will also be primarily online. To find out more about what taking part in the ‘Ready or Not’ study might involve for your school, please click here: https://www.cfr.cam.ac.uk/Ready-or-Not.
Thurs 6th May (4-5pm): Mitigating the impact of the pandemic – A panel discussion

Tania Clarke (PhD student)  
*University of Cambridge*  
How has the pandemic affected schools?

Dr Joni Holmes  
*University of Cambridge*  
Mental Health in Struggling Learners

Dr Adam Baron  
*University of Edinburgh*  
Supporting Schools through the Pandemic

Dr James Birchwood  
*University of Birmingham*  
Add title

Thursday 1st July (4-5pm): Outdoor play and the importance of nature

Samantha Friedman | (PhD student)  
*University of Cambridge*  
Fostering children’s connection to nature

Dr Jenny Gibson  
*University of Cambridge*  
Why outdoor risky play matters

Thursday 2nd September (4-5pm): Tools for monitoring progress and wellbeing

Dr Rory Devine  
*University of Birmingham*  
Rating School Readiness – the Brief Early Skills and Support Index (BESSI)

Kate Allen (PhD student)  
*University of Exeter*  
‘How I Feel About My School’ – a new measure for children (HIFAMS)
Thursday

4\textsuperscript{th} November (4-5pm): Tuning into thoughts and feelings

Prof Claire Hughes  
*Family influences on mindreading*

*University of Cambridge*

Dr Elian Fink  
*Mindreading in the playground*

*University of Sussex*

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Thursday January 6\textsuperscript{th} 2022 (4-5pm): Ethnic diversity in the classroom

Dr Napoleon Katsos  
*Multilingual children at school and at home*

*University of Cambridge*

*Cambridge Bilingualism Network*

Dr Humera Iqbal  
*Multicultural Friendships*

*University College London*

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Thursday March 3\textsuperscript{rd} 2022 (4-5pm): Neurodiversity in the classroom

Dr Umar Toseeb  
*Understanding Developmental Language Disorders*

*University of York*

Dr Hana D’Souza  
*School experiences of children with Down syndrome*

*University of Cambridge*
Thursday May 5th 2022 (4-5pm): Shared Picture Book reading

Keya Elie (PhD student)  
*University of Cambridge*  
Parents, Pre-schoolers and Picture books

Dr Serena Lecce  
*University of Pavia, Italy*  
Stories as a tool for promoting social understanding

Katherine De Wilder  
*University of Oxford*  
Helping Parents Share Picture Books

Thursday July 7th 2022 (4-5pm): Flexibility and Focus

Prof Claire Hughes  
*University of Cambridge*  
Early family influences on self-regulation

Dr Michelle Ellefson  
*University of Cambridge*  
Can interventions improve children’s self-regulation?

Thursday September 8th (4-5pm): Early numeracy and maths anxiety

Prof Emily Farran  
*University of Surrey*  
The importance of spatial thinking for mathematics in the primary school years.

Dr Dénes Szücs  
*University of Cambridge*  
Thursday 3rd November 2022 (4-5pm): Building Bridges between Schools and Families

Anne Parker  
*Foundation Years Trust*  
Strategies for engaging parents

Caoimhe Dempsey  
(PhD student)  
*University of Cambridge*  
Parents’ experiences of children’s transition to school

Thursday January 5th 2023: Supporting teachers relationships with children

Dr Sandra Mathers  
*University of Oxford*  
Relational Pedagogy and Early Language Development

Dr Christine O’Farely  
*University of Cambridge*  
Using Video Feedback to Enhance Teacher-Child Relationships  
[https://www.educ.cam.ac.uk/centres/pedal/](https://www.educ.cam.ac.uk/centres/pedal/)