University of Cambridge
Centre for Family Research
Annual report 2017-2018
Centre for Family Research

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**Deputy Director**
Professor Claire Hughes

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Dr Fiona Tasker

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Dr Susan Imrie
Dr Sophie Zadeh

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It wasn’t until I was invited to become a member of the Wellcome Trust’s Research Resources Committee in 2013, a committee devoted to preserving historical archives, that I really began to appreciate the importance of archives in medical and social research, and the enormous time, effort and expertise it takes to conserve, catalogue, and sometimes digitise records as diverse as patient notes salvaged from the basements of psychiatric hospitals to the personal papers of influential medical practitioners and academics. Another turning point for me was when I met a PhD student from the History Department who was investigating what it was like to be a single mother in the 1970s. She was very excited to hear that I had audio recordings from almost 40 single mothers from that time, only to be disappointed to discover that they had been lost along the way. Researching child development and family relationships usually means collecting new data rather than looking back at the past, and as someone who is attracted to minimalism, it has always been my inclination to throw out old documents instead of preserving them for posterity.

Fortunately, Martin Richards, who founded the Centre for Family Research in 1966, has the opposite tendency, a characteristic that paid off this year when the Wellcome Trust acquired the Centre’s archive for their collection, with a commitment to undertaking the onerous and expensive work of cataloguing it so that historians of the future will be able to study the Centre’s research on families and children from the 1960s onwards. My own more meagre collection dating back to the 1970s went to Wellcome too, to be followed by that of Claire Hughes in the years to come.

So what did we send? In addition to every academic paper published by members of the Centre right from the start, Martin has kept every grant application – whether successful
or not – and a great deal of correspondence relating to the Centre’s research, ranging from the apparently driest materials on ethics committee decisions, and radium and mercury testing, to references written for staff and PhD students. (These references will not be disclosed for 50 years so members of the Centre reading this report should not be alarmed.)

Included in the archive are both academic and working papers from the study of mother-infant interaction initiated in the 1960s by Martin Richards and Judy Dunn, telling us what family life was like in the early 1970s. Unlike today, most babies were born at home, and the majority of mothers in the study allowed Martin or Judy to be present at the birth to record what happened, in some cases with fathers kept firmly outside! Martin and Judy then visited daily for the next 10 days, and again at 3 months, 6 months and 1 year later to observe the developing relationship between mothers and their infants. Mothers also kept 24-hour diaries of what their babies were doing and their daily routines.

CFR archives waiting for collection by Wellcome Trust

The Centre’s work has always examined changes in family life and, in line with the increasing divorce rate, the papers from the 80s and 90s focus on the effects of divorce on children. From the late 70s until the 90s, members of the Centre also audio-recorded the
speech environment of 1-year-olds to investigate influences on language development. And from the late 80s onwards, at the introduction of genetic testing for inherited disorders, there are documents on families’ decision-making on whether to be tested or not. Early papers on new family forms that emerged in the 70s, such as lesbian mother families, and on the impact of assisted reproductive technologies on the family, have also been included, with more to be added at a later date. Members of the Centre have often engaged with policy and new legislation regarding the family and marriage, and policy papers are incorporated in the archive too. The only archive materials that will not go to Wellcome, but to the University Library instead, are the administrative papers including all of our annual reports.

We are hugely grateful to the Wellcome Trust, especially to Arike Oke and her colleagues, for their interest and investment in our archive, and we hope that it will provide a rich resource for scholars of the family in the future. Almost 200 boxes have been delivered so far and we appreciate the opportunity to add to the collection year on year. I am now reformed – not quite a hoarder – but I do think twice before discarding papers. I urge you all to do the same. Sometimes archives throw up long-forgotten gems. One of my favourites is a note from the renowned father of attachment theory, John Bowlby, in 1965 that said: “Inspired by Martin Richards’ talk on maternal behaviour”. What may appear to be useless now may be irreplaceable in 50 years.

Our seminar series continued this year with a lively line-up of speakers: Engaging Fathers in Perinatal Mental Health Research: Why and How by Dr Jill Domoney, King’s College London; Clinical Complexity and Gender Identity Development by Dr Sophie Landa, Tavistock Gender Identity Development Service, London; Attachment and Adoption by
Professor Marinus Van IJzendoorn, Department of Public Health and Primary Care, Cambridge; The Lived Experiences of Involuntary Childless Older Men by Dr Robin Hadley, UK; Research Applications of the Berkeley Puppet Interview for the Assessment of Young Children’s Self-Perceptions and Family Relationships by Dr Jeff Measelle, University of Oregon; The Ethics of In Vitro Derived Gametes: Privacy and Genetic Ties by Dr John Appleby, Lancaster University; The Role of Perceived Co-parenting Quality of Parent and Child Adjustment by Dr Rachel Latham, King’s College London; and Infertility in History: Approaches, Perspectives, Experiences by Dr Gayle Davis, University of Edinburgh.

Leaving party for Ken and Ruth

We were sorry to lose our wonderful cleaners, Ken and Ruth, who retired this summer. Their dedication has been well beyond the call of duty and we shall miss them greatly.

We also said farewell to Anja Lindberg who returned to Sweden this year. Anja is now the proud mother of baby Hjalmar born in September, 2018.
As ever, we are hugely thankful for the dedication of our wonderful Administrators, Abby Scott and Hannah Tigg, who keep the wheels of the Centre running smoothly and also keep us calm.

Professor Susan Golombok
December, 2018.
A major transition for many of the New Families team this year was the ending of our old Wellcome Trust grant on December 31st, 2018, and the start of our new Wellcome Trust Collaborator Award which began on January 1st, 2018.

The first study to take off is a follow-up to our investigation of children born using identifiable egg donors. These children will be able to request the identity of their donor on reaching age 18 which raises questions about the impact of potentially being able to meet their genetic mother on family dynamics and children’s thoughts and feelings about being conceived in this way. The first phase of the study, conducted by Susan Imrie and Vasanti Jadva, compared 85 egg donation families with a comparison group of 65 IVF families, all with a 1-year-old infant, and examined the quality of parent-child relationships through in-depth interviews and observational assessments of parents playing with their children. Although the egg donation families were found to be functioning well, there were small but
meaningful differences on the observational measure, reflecting less optimal interaction between the mothers and infants from egg donation families. Qualitative analyses of the mothers’ interview transcripts showed that their concerns during pregnancy about having a non-genetic child dissipated once the baby was born, although a small minority struggled with the idea that their child was not genetically related to them, similar to findings from research on adoptive families. We are delighted that the first paper from this study has been published in the journal *Child Development* and also that Susan Imrie won the American Society of Reproductive Medicine Prize for the best paper in the field of mental health for this work.

The families are now being followed up to find out how they are faring as the children enter school. The original team has been joined by Jo Lysons whose PhD is based on this follow-up phase, as well as two recent graduates from our Psychology and Behavioural Sciences (PBS) degree, Jess Grimmel and Kate Shaw. Tatiana Visbol, who graduated from the PBS degree the previous year, is also working on this project. Other studies that are getting underway as part of the new grant are investigations of co-parenting families where parents
meet over the internet with the purpose of having children in the absence of a romantic relationship (Vasanti Jadva); families with transgender parents (Susan Imrie and Susie-Bower Brown); and families formed by single fathers by choice (Sophie Zadeh).

Data collection was completed this year for the second phase of our longitudinal study of adoptive gay fathers, when the children reached adolescence. Anja McConnachie and Nadia Ayed were successful in finding and interviewing 112 families, 86% of those who took part in phase one when the children were aged 3-9 years old. Despite the common assumption that men are less suited to parenting than are women, preliminary analyses show no differences in parenting or child adjustment between the gay father families and either the adoptive lesbian mother or adoptive heterosexual parent comparison groups. Strikingly, however, the rates of psychological problems in all three family types had doubled by adolescence, and many of the parents were struggling to cope. As all of the children had been adopted from the care system and had been maltreated in their early years, the high rates of psychological and learning difficulties were not unexpected. The
parents highlighted the need for post-adoption support which was sadly lacking. Anja and Nadia presented the preliminary findings from the study at the 6th International Conference on Adoption Research in Montreal, and they have written an invited paper for a special issue on fathering in the journal *Attachment and Human Development*. Anja’s PhD focuses on this study, and Nadia is beginning a PhD on the psychological consequences of homelessness at Queen Mary University of London.

Phase two of our study of single mothers by choice when the children were approaching adolescence has neared completion this year with all of the single mother families and two-thirds of the two-parent families already assessed (Tabitha Freeman, Sophie Zadeh and Joanna Lysons). A paper focusing on the single mothers only, showed that children who were securely attached to their mothers were more likely to view their donor positively. Susanna Graham returned from maternity leave and is writing up the findings from her study of the motivations and experiences of sperm donors. One aspect of this work, which she is conducting with Vasanti Jadva, is a comparison between men who donate at a licensed clinic and those who become donors via the Internet. Susanna received a much-appreciated Returning Carers Award from the University to fund help with data analysis, which allowed her to catch up quickly with her research when she returned to work. Kitty Jones’ investigation of stay-at-home fathers progressed by leaps and bounds this year, with data collection well underway. Kitty presented preliminary findings at a meeting of the European Sociological Association at the University of Eastern Finland in Kuopio in June 2018.

Our research on transgender parents is progressing well. Susan Imrie and Sophie Zadeh presented the findings of a study of the thoughts and feelings of children who
experienced a parent’s gender transition at Columbia University in New York, and Susie Bower-Brown began her PhD on the experiences of parents who have children following a gender transition.

Vasanti Jadva has been focusing on her comparative study of the experiences of couples having children through surrogacy overseas and in the United Kingdom, research that is highly relevant to the ongoing United Kingdom Law Commission’s review of surrogacy legislation. She has also been writing up a ground-breaking study of the mental health of 500 young people in the United Kingdom who identify as transgender. Vasanti has given invited presentations at the European Society of Human Reproduction and Embryology’s Campus on egg donation in Barcelona, Spain and at the 7th Annual Meeting of Academy of clinical Embryologists in Goa, India. She was also invited to speak on surrogacy at an event organised by Rainbow Families in Rome, and on families created through gamete donation at the British Fertility Society’s study week in London.

Susan Golombok has given several invited lectures this year including Keynote Lectures at the European Conference on Family Studies in Vienna and at an international conference on fertility treatment in Madrid. In addition to academic papers, she has been working on a new book which will be published in 2020. In terms of policy-related work, she was invited to give evidence to the French National Assembly Parliamentary Committee on Bioethics and to the Dutch Government Committee on the Reassessment of Parenthood. In the United Kingdom, she gave evidence to the Parliamentary Office of Science and Technology, the All-Party Parliamentary Group on Surrogacy, and the UK Law Commission. Her paper with Lucy Blake on gay father families formed through surrogacy, was among the 10 most downloaded papers in *Child Development*, the top journal in the field.
Martin Richards continued his work on the history of assisted reproduction in Britain, and together with Sophie Zadeh, has been writing a paper on the early history of the use of artificial insemination. He has also been working on the history of the Centre for Family Research.

We were sad to say farewell to two of our international PhD students this year. Pamela Jimenez Etcheverria completed her PhD on the psychological well-being of adopted and institutionalised children in Chile and returned to Chile in the summer to take up a post-doctoral position at Universidad de la Frontera in Temuco. Nishtha Lamba completed her PhD on the psychological wellbeing of surrogate mothers in India, and is now Senior Lecturer in Psychology at Middlesex University Dubai.
Returns, Visitors and New Arrivals. We were delighted to be able to welcome Dr Wendy Browne back to the Centre for Family Research following her maternity leave. Wendy is currently working on a short-term contract based on a returning carer’s grant awarded to Dr Elian Fink. This contract will enable Wendy to assist with data-analysis and write-up related to the Wellcome Trust Seed for Science grant (see below for more details). In the year from 2017-2018, my team also welcomed several visiting researchers, including Roos Middelkoop from the Netherlands (funded by an Erasmus grant) and Marysia Krupska, who each joined us for about six months and were very helpful in both data-collection and transcript-based coding. Other visiting researchers included Flor Barreto, a PhD student from Spain, Naomi Vaida from Trinity College Dublin and Edoardo Broglio, a medical student at the University of Pavia in Italy. In August, we also welcomed Alex Worlding, who is joining our team for one academic year as part of his degree course at the University of Bath and Matteo Zarfati, a clinical psychologist from the University of Bologna who will be with us for six months prior to entering clinical practice in Italy.

Is there a doctor in the house? This was a particularly important year for Sarah Foley who, after years of association with the Centre for Family Research from her early days as an undergraduate and then as a research assistant, has now successfully passed her PhD viva. Many congratulations to Dr Foley, not least for achieving this important milestone despite freezing weather that meant that the external examiner (Prof Elizabeth Meins) could only be present via skype with a video channel that then also froze! Our thanks to the
internal examiner, Prof Paul Ramchandani for his help in steering Sarah through this rather surreal and stressful situation. It was clearly worth it, as Sarah’s thesis was then awarded the St Catharine’s Prize for Distinction in Research, which is given to recognize achievements for PhD students across the Arts and Humanities, Social Sciences and Physical/Biological Sciences. To be picked out from such a broad field is a real achievement and very well deserved.

Sarah’s thesis has already led to three first-author papers. The first of these, published in Developmental Review, is a meta-analysis of 14 studies that examined whether expectant parents’ thoughts and feelings about their unborn infant predict later individual differences in observed sensitivity – the overall positive effect found in this analysis highlights the potential benefits of helping expectant parent to think about their infant as an individual. Sarah’s second paper (currently under review) examines the correlates of
individual differences in expectant mothers’ and fathers’ narratives about their unborn infant (gathered via 5-minute speech samples). Extending previous work on the concept of ‘spill-over’, developed within family systems theory to highlight the inter-connectedness of family relationships, our findings suggest that spill-over may in fact begin before birth. Specifically, a positive association between narrative coherence and couple relationship quality suggests that expectant fathers’ ability to form a coherent view of their unborn baby may be constrained by ambivalent feelings towards their partners. Sarah’s third paper (also under review) draws on the full international sample in the New Fathers and Mothers Study (N = 864, or 432 couples) to demonstrate gains in mind-mindedness across the transition to parenthood, with interesting gender-specific effects for couples whose transition to parenthood involved the use of assisted reproduction technologies. Sarah’s next step is to compare trajectories for ‘mind-mindedness’ for mothers and fathers from the three sites and to examine antenatal predictors of parental sensitivity across the full sample – an exciting prospect for ensuring evidence-based early interventions.

The New Fathers and Mothers Study (NewFAMS). Following the team’s hard work last year in coding volumes of videos and transcripts, this year we have turned our attention to data-analysis and dissemination. As a result, alongside the three papers described above, we have a further half dozen papers from the study under review or accepted for publication. Highlighting the potential of NewFAMS to contribute to many different areas of research, these papers encompass a very wide variety of topics. To give just a few examples, our findings show:

1) Buffering effects of social support on parental wellbeing, with friends as key sources of support for mothers, but support from family members being key for fathers.
However, mothers and fathers show very similar reciprocal predictive associations between emotional memories of birth and pre/postnatal wellbeing.

2) Direct associations between mothers’ and fathers’ prenatal wellbeing and infant externalizing problems, coupled with indirect links between prenatal wellbeing and infant internalizing problems, which are mediated by marital relationship quality.

3) Inverse associations between maternal salivary cortisol in the third trimester and persistence of anxiety/depression in both mothers and fathers. This unexpected finding may reflect: (a) positive effects of professional support for mothers who show physiological indicators of prenatal stress; and/or (b) a mismatch between expectations and the reality of parenthood (e.g., anxious expectant mothers may discover that parenthood is not as tough as they imagined).

4) A large effect of culture (in favour of Dutch vs British parents) and a small effect of parent gender (in favour of mothers vs fathers) on autonomy support at 14 months. Interestingly, while maternal autonomy support did not differ by child gender, fathers with sons show less autonomy support than fathers with daughters. Predictors of autonomy support also appear to differ by parent gender, with maternal sensitivity and paternal mind-mindedness emerging as key predictors.

Public Engagement, Outreach & Conferences. As a contribution to the University’s growing involvement in outreach activities, this summer my team also welcomed four sixth form students selected by the Nuffield Foundation as part of their widening participation programme. Dr Elian Fink, Dr Wendy Browne, Dr Sarah Foley and Ms Gabrielle McHarg all acted as STEM ambassadors in mentoring these four students (Jasmine, Annabelle, Sophie and Ebony). This was a very interesting and educational process, but ultimately rewarding.
for both sides and a project that we would be happy to support in future years. This year also saw the Centre for Family Research taking a lead role in representing the Psychology Department at the Oxford and Cambridge conferences, presenting to selected sixth-formers in Birmingham, Edinburgh, Epsom, Liverpool, Newcastle and Swansea.

Academic conference presentations this year include a keynote address in Zurich at the annual meeting of the Early Association for Research on Learning and Instruction (EARLI), a symposium in Philadelphia at the International Congress for Infant Studies (ICIS), a symposium and discussant role in Liverpool at the Developmental Section Meeting of the British Psychological Society, meetings with third sector organizations such as the National Childbirth Trust and speaking at seminars organized by the Institute of Education and UCL.

Data-Collection. The year has also been a busy one for the team in terms of data-collection. Our funding hiatus meant that we were unable to pay families to take part in home visits as we have in the past. We therefore made the decision to locate the age 36-months wave in the children’s nurseries – little realizing that almost every child is in a different nursery and these are scattered far and wide across East Anglia and beyond! The main accolade for this heroic work has to go to Gabrielle McHarg, who in addition to...
conducted about half of these visits herself, has been superb in managing the many logistical challenges associated ensuring that each study child is seen around his or her third birthday. We are very pleased that we have now visited 170 children, thus retaining our impressive 90% retention rate across each time-point. As well as the logistics of contacting so many schools and arranging travel to sometimes far-flung places on a tight budget, this wave of NewFAMS has been memorable for the responses of nursery staff to our very life-like baby doll, which alongside Bluetooth technology enables us to assess children’s responses to infant distress. Specifically, many nursery teachers have been so convinced by this baby doll (George / Charlotte) that the team has had to hone their acting skills and treat George / Charlotte with TLC at all times in order to avoid being accused of poor parenting! Other tasks in this wave include tests of executive function and theory of mind – by linking individual differences in performance to maternal and paternal measures of key parenting constructs (sensitivity, autonomy support, mind-mindedness) we hope to break new ground in examining the relative salience and interplay of mothers’ and fathers’ contributions to their children’s cognitive development – watch this space!

Cross-cultural work. Matching Gabrielle’s impressive achievements with the NewFAMS sample, Chengyi Xu has also been very energetic and effective in recruiting a large sample of around 300 parents and children in rural China as a satellite study to previous work conducted with Dr Michelle Ellefson in Education in comparing executive function in school-aged children and their parents living in the UK and in Hong Kong. As reported in a 2017 paper in Psychological Science, this study showed a difference in performance (in favour of Hong Kong children) of about two years. Currently, Michelle and I are working on analyses of how this group contrast in executive function might help explain
the widely-recognized cultural contrast in mathematical performance. As we go forwards to consider consequences, Chengyi’s PhD work is extending backwards: the recruitment of a sample from rural China was designed to test whether the advantage in EF performance among Chinese children relative to their British counterparts can be attributed to contrasts in parental socialization practices.

Collaborative Studies & Future Plans. This year I have also been involved as a co-investigator in a number of studies outside of the Centre for Family Research. These include two intervention studies, funded by the Nuffield Foundation and by NIHR. The first of these, led by Professors Lynne Murray and Peter Cooper at the University of Reading is focused on picture-book sessions as a means of enriching parent-child conversations for pre-schoolers attending local Sure Start centres – this intervention has just been completed successfully and we are about to break the code and start to analyse the results. The second, led by Dr Esther van Sluij at the Institute for Public Health at Addenbrookes Hospital, is a pilot study to investigate whether a family-wide approach can be used to promote physical activity in 9-12 year olds and includes video-based observations of families engaged in the Fictional Family Holiday paradigm as a means of investigating potential associated benefits for the quality of family interactions. Two other studies, both funded by the John Templeton Foundation, have a neuro-cognitive focus and investigate: (a) cognitive resilience in children from disadvantaged families (PI = Duncan Astle, CBU); and (b) neuro-cognitive differences associated with religious attitudes in childhood and adolescence (PI = Valdas Noreika, Psychology).

By some way, however, the most ambitious of these collaborative studies is the “Evidence for Better Lives” study, led by Professor Manuel Eisner in Criminology, which
involves research teams and pilot samples of 150 babies from each of eight different low and middle-income countries (LAMIC): Ghana, Jamaica, Pakistan, the Philippines, Romania, South Africa, Sri Lanka and Vietnam. Funding (£1.5 Million) from the Botnar Foundation in Switzerland has enabled us to begin the Herculean task of translating a large battery of questionnaire measures (e.g., to index risk-exposure and wellbeing) into more than 15 different languages, as well as submitting the complex protocol (including collection of bio-samples such as dried blood spots and hair samples) for ethical approval in each site and engaging with local and global policy-makers to discuss how the findings from the full Evidence for Better Lives Study (which we hope will involve a large sample of 12000 families) can be used to tackle the global challenge of reducing violence against children. In case this didn’t seem enough to keep one busy, the ESRC have shortlisted a further application for a large grant (circa £2.5 million) to fund a multi-site (Cambridge, Birmingham, Kent and Edinburgh) multi-pronged intervention study aimed at providing a solid evidence base for building resilience in children from vulnerable families and looked after children. While fraught with challenges, the prospect of conducting research with such potential to make a difference to society is very exciting.
Gail has had a busy year with many different strands of work on family carers related to the Carer Support Needs Assessment Tool (CSNAT): an evidence based intervention she co-developed with Professor Gunn Grande from the University of Manchester to provide tailored support for family carers (further details on http://csnat.org). We were delighted to receive the first UK practice-changing award from the NIHR and Charities Consortium for Hospice and Community Research in April 2018 for the portfolio of research by the CSNAT team.

Research studies. As a core member of the CSNAT research team, Gail has been involved in ongoing studies investigating the use of the CSNAT intervention in different areas of practice: including carers of people with Motor Neurone Disease, carers of stroke survivors, and carers of palliative care patients discharged home from hospital. Closely related to the CSNAT work, Gail has led on a project on recommendations for
comprehensive, person-centred carer assessment and support that has been widely disseminated (downloadable from https://www.hospiceuk.org/docs/default-source/What-We-Offer/Care-Support-Programmes/Research/carers-report---10-recommendations-for-achieving-organisational-change_final.pdf?sfvrsn=0)

Expert submissions. Based on the CSNAT team’s research on carer assessment and support, Gail provided feedback to the Royal College of General Practitioners on development of core standards for end of life care in general practice with specific reference to carer identification, assessment and support. The standards published include recommendation of the CSNAT for assessing carers in general practice. She also submitted research evidence on assessing carers to NHS England’s consultation on the Long Term Plan for the NHS – specifically addressing the question - How can we ensure that people along with their carers, are offered the opportunity to have conversations about their priorities and wishes about their care as they approach the end of their lives?

CSNAT Intervention Training. An important aspect of Gail’s work is the delivery of face to face practitioner training to support the CSNAT research studies as well as workshops for palliative care services and organisations wishing to implement the CSNAT intervention in practice. In order to meet the demand for use of the CSNAT intervention, both nationally and internationally, and to ensure it is implemented in practice as intended, Gail, as part of the CSNAT team, has been heavily involved in developing an online CSNAT Approach Training and Implementation Toolkit. The Toolkit forms a complete training and support package enabling services to plan, pilot, train and sustain comprehensive, person centred, carer assessment and support.
Wider engagement with the CSNAT intervention. On behalf of the CSNAT research team, Gail received an ESRC Impact Acceleration project award in August 2018 for strategies for national and international engagement with The Carer Support Needs Assessment Tool (CSNAT) Intervention and its Implementation Toolkit. This has meant we are able to put in place a number of engagement initiatives. To date this has included the first of two international CSNAT workshops hosted in CFR, bringing together researchers from Sweden and the Netherlands to train them in the use of the CSNAT intervention and organisational strategies for its implementation in practice, two training and implementation workshops for UK palliative care organisations, as well as a number of network events to raise awareness of the intervention for family carers.

Support Needs Approach for Patients (SNAP). Gail is also a co-developer of SNAP (led by Dr Morag Farquhar at the University of East Anglia; with co-developer Carole Gardener at the University of Cambridge) to deliver person-centred care to patients with advanced life limiting conditions (further details on https://thesnap.org.uk/). An exciting new development this year has been the collaboration between the CSNAT and SNAP teams to promote implementation of evidence based person centred assessment and support for carers and patients with life limiting illnesses.
Publications and Presentations

Nadia Ayed

Publications


Conference talks


Dr Elian Fink

Publications

Elian Fink, Wendy Browne, Claire Hughes & Jenny Gibson (2018) Using a ‘child’s-eye view’ of social success to understand the importance of school readiness at the transition to formal schooling. Social Development.


Conference talks

Elian Fink (September, 2018) Don’t look now! How do children use avoidance and disengagement to regulate their responses to distressing events between 5 and 6 years of age. Early Start, University of Wollongong


Elian Fink (April, 2018) Social consequences of theory-of-mind understanding, Invited Colloquium, School of Psychology, Liverpool University, Liverpool: UK
Elian Fink (September 2017) Harnessing new technology to better understand the family language environment, invited talk at the *Breaking Barriers: Innovations in Bio-Social Research Symposium*, Cambridge, UK


**Dr Gail Ewing**

**Publications**


Book chapters / reports


Conference talks /Symposiums/Workshops

Open interest group meeting: Carer Support Needs Assessment Tool (CSNAT) Co-convenors: Gail Ewing and Gunn Grande
European Association for Palliative Care International Conference 2017, Madrid, Friday 19th May 2017

NHS Improvement End of Life Care Collaborative
Thursday 10th August 2017

The Carer Support Needs Assessment Tool: A person-centred approach to carer assessment and support within palliative care. Gail Ewing
Preparing for the future to ensure carers are supported. Gunn Grande and Gail Ewing
Annual Conference of National Association for Hospice at Home
Thursday 5 October 2017.

Challenges in implementing evidence based practice: an intervention for family carers in end of life care. Gail Ewing
Workshop discussion for MSc in Advanced Professional Practice
University of East Anglia, 3rd November 2017

Helping carers identify the support they need using the Carer Support Needs Assessment Tool (CSNAT). Gail Ewing
National Bereavement Alliance Conference, London
12th March 2018

Carer Support Needs Assessment Tool (CSNAT) Research Interest Group Meeting:
Translation, Training and Implementation
Co-convenors: Gail Ewing and Gunn Grande
European Association for Palliative Care International Conference 2018
Friday 8th May 2018. Bern, Switzerland.

The CSNAT Approach Implementation Toolkit. Gail Ewing
EAPC 2018: CSNAT Research Interest Group Meeting Bern, Switzerland.

(1) The Ayrshire Hospice Case Study. Gail Ewing and
(2) Recommendations for organisational change to provide comprehensive,
person-centred assessment and support for family carers towards the end of life. Gail Ewing
Sharing the Caring Event: Ayrshire Hospice 12th June 2018

Dr Sarah Foley

Publications


Hughes, C., Foley, S., Devine, R.T., Ribner, A., Kyriakou, L., Boddington, L., Holmes, E., & the New Fathers and Mothers Study Team (under review) Worrying in the Wings: Negative Emotional Birth Memories in Mothers and Fathers Show Similar Associations with Perinatal Mood Disturbance and Delivery Mode.
Hughes, C., Devine, R.T., Foley, S., Mesman, J., Blair. C., & the New Fathers and Mothers Study Team. (under review) Couples Becoming Parents: Wellbeing Trajectories and Social Support Across the Transition to Parenthood.


**Symposia, Conference Papers and Talks**


Foley, S., Fink, E., Devine, R.T., & Hughes, C. (2017, Sept) *Is Parents’ Talk To and About their Infants Related to Depression or Couple Satisfaction?* Paper presented at the British Psychological Society Developmental Section Annual Conference.


Foley, S. (2018, August) Sutton Trust Psychology Summer School, Department of Psychology, Cambridge

Foley, S. (2018, April) Teach-First University Taster Day, St Catharine’s College, Cambridge


Foley, S. (2017, April) Teach-First University Taster Day, St Catharine’s College, Cambridge

Dr Tabitha Freeman

Publications


Media and Public Engagement

BBC2 Documentary on co-parenting, ‘Pregnant and Platonic’, to be shown in Oct/Nov 2018

Die Zeit newspaper article (04/01/2017) on gay parenting
http://www.zeit.de/gesellschaft/familie/2017-01/familie-kinder-wohlbeinden-beziehung-eltern

Die Zeit newspaper article (24/01/2017) on co-parenting
http://www.zeit.de/2017/02/erziehung-unkonventionelle-eltern-kinder-stabilitaet-psychologie#comments

CBC news article on co-parenting (15/02/2017)

Canadian Living magazine interview on co-parenting (09/2017)

Invited Advisory Board member for ‘Attitudes towards fertility, parenthood and family life among HIV-positive men who have sex with men: an exploratory study’ funded by the British HIV Association (from 2016-18)

Invited Advisory Board member for ‘Curious Connections’, Economic and Social Research Council funded project on sperm and egg donors, University of Manchester (from April 2017)

Invited member of international panel of experts for 'Families of Strangers? The Socio-Legal Implications of Donor Linking in Australia', funded by the Australian Research Council, La Trobe
University Law School and Swinburne University of Technology, Melbourne, Australia (from April 2018).

**Professor Susan Golombok**

**Publications**


Presentations

“Donor insemination families: 30 years of research”. Invited lecture at Donor Sperm Symposium, Aarhus, Denmark, November 2017.


Dr Susanna Graham

Publications


Professor Claire Hughes

Books and book chapters


Journal Publications
Under review


Foley, S., Devine, R.T., Kyruakou, & Hughes, C. (under review) Gains in Mind-mindedness Across the Transition to Parenthood: Differences between Mothers and Fathers and by Country and Conception Type.


Hughes, C., Devine, R.T., Foley, S., Boddington, L., Holmes, E., & the New FAMS team (under review) Worrying in the Wings: Negative Emotional Birth Memories in Mothers and Fathers Show Similar Associations with Perinatal Mood Disturbance and Delivery Mode.

Hughes, C., Devine, R.T., Foley, S., Mesman, J., Blair. C., & the New Fathers and Mothers Study Team. (under review) Couples Becoming Parents: Wellbeing Trajectories and Social Support Across the Transition to Parenthood.


2018


Fink, E., Browne, W., Hughes, C., & Gibson, J. (2018). Using a ‘child’s-eye view’ of social success to understand the importance of school readiness at the transition to formal schooling. Social Development.


2017


Dr Susan Imrie

Publications


Jadva, V., Gamble, N. Prosser, H., & Imrie, S. (under review) Parent’s relationship with their surrogate during pregnancy and after the birth in cross border and domestic surrogacy arrangements: comparisons by sexual orientation and location. Fertility and Sterility

Blake, L., Bland, B., & Imrie. S. (under review). The counselling experiences of individuals who are estranged from a family member. Family Relations.


Conference Presentations


Dr Vasanti Jadva

Publications


Imrie, S., Jadva, V., & Golombok, S. (under review). 'Making the child mine': egg donation mothers’ feelings about the mother-infant relationship. *Journal of Marriage and Family*


Book chapters

Other publications


Conference Presentations

In 2018, I was invited to speak at 3 international conferences. I presented a paper at the European Society of Human Reproduction and Embryology’s campus on Egg donation in Barcelona, Spain and I gave two talks at the 7th Annual Meeting of Academy of clinical Embryologists in Goa, India. I was also invited to speak about surrogacy at an event in Rome, Italy organised by Rainbow Families and about families created through gamete donation at the British Fertility Society’s study week in London.

Katherine Jones

Publications


Talks

I presented at ’Families Known and Unknown’, the European Sociological Association Interim Meeting at the University of Eastern Finland in Kuopio in June 2018.

Anja McConnachie

Publications


Reports


Conference Presentations

**Gabrielle McHarg**

**Publications**


**Presentations**


**Professor Martin Richards**

**Publications**

A rejoinder to ‘Concepts of health, ethics and communication in shared decision making’ by L C Kaldjian. Communication & Medicine.

A Human Geography of Open Genomic Data Sharing. T Haeusermann, M Richards et al. Submitted for publication.

Chengyi Xu

Conference presentations


Dr Sophie Zadeh

Publications


Presentations

Trans parents and their children: An exploratory study inside and outside the family. Division of Gender, Sexuality and Health, NYS Psychiatric Institute and the Columbia University Department of Psychiatry, New York, USA, July 2018 (with S. Golombok and S. Imrie).

Towards a dialogical approach to social research. Studio Seminar, Institut de Psychologie et Éducation, Université de Neuchâtel, Switzerland, April 2018.
Deconstructing gamete donation (as gift-giving): Social psychological insights. Deconstructing Donation Study Group, University of Bristol, UK, December 2017 (with M. Doumergue).

Solo motherhood via sperm donation – an empirical perspective from the UK. University of Göttingen, Göttingen, Germany, November 2017.


Le rôle des représentations sociales et des ressources symboliques dans le don de spermatozoïdes: le point de vue des enfants. Laboratoire GRePS Seminar, Université Lyon 2, France, March 2017.

Remembering and forgetting: Some contributions (and questions) from social representations theory. 5th Niels Bohr Lectures in Cultural Psychology. Aalborg University, Denmark, February 2017.

**Public Engagement Activities:**


Diversity in Family Life Study Day, Centre for Family Research, Cambridge, March 2017
Active CFR Grants 2017-2018

XJAG/088
Grant holder: Dr Gail Ewing
Investigator: Dr Gail Ewing
Title: IAA Discretionary Fund - SNAP tool website development
Sponsor: ESRC
Period: 24th Aug 2018 – 31st March 2019
Amount: £2,000

XJAG/086
Grant holder: Dr Gail Ewing
Investigator: Dr Gail Ewing
Title: Strategies for National and International Engagement
Sponsor: ESRC IAA
Period: 1st August 2018 - 31st March 2019
Amount: £17,795

XJAG/085
Grant holder: Professor Claire Hughes/ Professor Manuel Eisner
Investigator: Professor Claire Hughes
Title: Evidence for better lives study – data innovation pilot
Sponsor: Fondation Botnar
Period: 1st June 2018 – 30th November 2019
Amount: £10,000 (total grant value £42,984)

XJAG/084
Grant holder: Dr Gail Ewing
Investigator: Dr Gail Ewing
Title: Accessing and delivering person-centred care in advanced non-cancer conditions: developing and testing a Support Needs Approach for Patients (SNAP) with advanced COPD (SNAP2 study)
Sponsor: University of East Anglia/Marie Curie Research
Period: 1st March 2017 – 31st August 2018
Amount: £10,995

XJAG/083
Grant holder: Professor Susan Golombok
Investigator: Professor Susan Golombok
Sponsor: Wellcome Trust
Period: 1st January 2018 – 31st December 2022
Amount: £1,552,401
XJAG/082
Grant holder: Dr Gail Ewing
Investigator: Dr Gail Ewing
Title: The CSNAT (Support for family carers of people with MND)
Sponsor: University of Manchester
Period: 1st July 2017 – 28th December 2018
Amount: £17,925.86

XJAG/081
Grant holder: Dr Gail Ewing
Investigator: Dr Gail Ewing
Title: The CSNAT online Project
Sponsor: Salford Royal NHS Foundation Trust
Period: 1st April 2016 – 31st December 2017
Amount: £24,596

XJAG/080
Grant holder: Dr Gail Ewing
Investigator: Dr Gail Ewing
Title: Research into Carers’ needs and a Strategy for Carer Support in Hospice Care
Sponsor: Hospice UK and Salford Royal NHS Foundation Trust
Period: 15th August 2016 – 14th October 2017
Amount: £16,070

XJAG/079
Grant holder: Dr Vasanti Jadva
Investigator: Dr Vasanti Jadva
Title: Anti-bullying survey
Sponsor: Stonewall Equality
Period: 1st October 2016 – 30th September 2018
Amount: £23,310.82

XJAG/078
Grant holder: Dr Gail Ewing
Investigator: Dr Gail Ewing
Title: Development of an implementation toolkit for practitioners using the Carer Support Needs Assessment Tool (CSNAT)
Sponsor: Salford Royal NHS Foundation Trust FB NIHR
Period: 1st October 2015 – 30th November 2017
Amount: £23,556.87
XJAG/077
Grant holder: Professor Claire Hughes
Investigator: Professor Claire Hughes
Title: The impact of a family-based physical activity promotion programme on child physical activity: feasibility and pilot of the Families Reporting Every Step to Health (FRESH) intervention (15/01/19).
Sponsor: National Institute for Health Research (NIHR)
Period: 1st September 2016 – 31st October 2019
Amount: £10,236.96

XJAG/055 Enhancement
Grant holder: Professor Susan Golombok
Investigator: Professor Susan Golombok
Title: Future Families: The social and psychological outcomes of emerging assisted reproductive technologies for individuals, families and society.
Sponsor: Wellcome Trust
Period: January 2013 – June 2019
Amount: £150,016

XJAG/076
Grant holder: Dr Elian Fink
Investigator: Dr Elian Fink
Title: Baby talk and baby blues: harnessing technology to investigate mechanisms of influence of parental wellbeing on infants
Sponsor: Wellcome Trust
Period: 1st August 2015 – 28th February 2018
Amount: £100,000

XJAG/074
Grant holder: Dr Sophie Zadeh
Investigator: Dr Sophie Zadeh
Title: Donor conception: What do the children think?
Sponsor: Wellcome Trust
Period: 1st October 2016 – 30th September 2017
Amount: £2,000

XJAG/73
Grant holder: Dr Gail Ewing
Investigator: Dr Gail Ewing
Title: Supporting family carers to enable patient discharge from acute care at end of life
Sponsor: University of Manchester (Marie Curie Cancer Care)
Period: 1st September 2014 – 31st August 2017
Amount: £8,755
XJAG/69
Grant holder: Dr Susanna Graham
Investigator: Dr Susanna Graham
Title: Motivations, experiences and future expectations of men donating their sperm
Sponsor: Wellcome Trust
Period: 1st October 2014 – currently being extended (maternity leave)
Amount: £148,640

XJAG/67
Grant holder: Professor Claire Hughes
Investigator: Professor Claire Hughes
Title: ORA Risky Beginnings
Sponsor: ESRC
Period: 1st October 2014 – 30th September 2017
Total amount: £1.5 million
Amount to CFR: £584,669