Child Care & Development Group
University of Cambridge

The garden in Free School Lane stands on the site of part of the original University Botanic Garden. This moved to its present site when the Cavendish Laboratory was built. The garden is maintained by Martin Richards.

November 1990
CHILD CARE AND DEVELOPMENT GROUP

Introduction

The Group, which is part of the Social and Political Science Faculty and is closely associated with the Department of Paediatrics, exists to carry out research on parent-child relations and associated topics. While the University provides working space, equipment and other support, the main funding for research comes from outside bodies. Currently the level of funding from these sources is running at nearly £200,000 per year.

This booklet is intended to provide a brief description of the Group and its work. Readers wishing to know more about a particular research project should contact the person listed in the description of the research.

Members of the Group

Jill Brown  Group Secretary
CENDIF
Madeleine Davis  3
Jane Elliott  30
Merry France-Dawson  24
Josephine Green  7
Marjaneh Halati  7
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Lynne Murray (left October 1990)  20
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Sally Roberts  Secretary and Unit Librarian
Gordon Scott (left September 1989)  13
Christina Sinclair  27
Claire Snowdon  7
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Fiona Tasker (left July 1990)  27
Deborah Thom  25
Nicola Totterman  28
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Margaret Lowenfeld Library

The library of the Institute of Child Psychology is now housed in our premises. This came to us together with the Margaret Lowenfeld Fellowship, which was held by Dr Catherine Urwin, through the Lowenfeld Trustees. We also have been given some archival material relating to Dr Lowenfeld and the Institute of Child Psychology. Anybody wishing to consult this should contact Sally Roberts, our Honorary Librarian. The library also houses books given by Professor Harry Highkin following the death of his wife Elspeth, who was a research student in the Group at the time of her death.
List of current projects

Consequences of Divorce for Children
Cross-cultural study of the transition and
adjustment to motherhood
Divorce and kinship
Duchenne muscular dystrophy: families' responses
Girls and the transition to secondary school
History of child guidance
Household formation and female fertility in
shanty towns in Caracas, Venezuela
Imprisonment and family ties
Information about the prospect of triplets
Interrmarriage and integration of Turkish immigrants
Intermittent father absence
Margaret Lowenfeld Fellowship
Marriage and family life in Egypt
Marriage and extramarital relationships
Maternity services
National study of triplets and higher order births:
the parents study
Neonatal care
Night waking in infancy
Parental divorce and adolescents' attitudes
towards marriage
Parental divorce and children
Postpartum depression and infant development
Prediction and treatment of postnatal depression
Prenatal screening for genetic and congenital
abnormalities of the fetus
Prenatal screening: sickle cell study
Prenatal screening: ultrasound observation
Social and psychological aspects of prenatal diagnosis
Staffing structures in obstetrics
Women's expectations and experiences of childbirth
Work of D.W. Winnicott

Seminar Programmes for 1988/89

Contacts

General enquiries and seminar programme : Jill Brown 334510
Group archive, library and Lowenfeld Archive : Sally Roberts 334514

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CENDIF (Centro de Investigaciones para La Infancia y La Familia)
Metropolitana University, Caracas, Venezuela

We maintain an academic link with CENDIF, a group engaged in both research and intervention projects with poor families. The latter are run in partnership with members of the poor communities - mostly in the barrios of Caracas - and have a strong element of 'basismo' or grass roots organisation as well as a grounding in developmental psychology and other relevant social sciences. The link with CENDIF is funded by the British Council.

A brief history of the Unit

The history of the Child Care and Development Group began in 1966 when I was given a grant by the Nuffield Foundation to set up an observational follow-up study of Cambridge infants and their parents. I was offered a home for this project in the Unit for Research on the Medical Applications of Psychology, which was housed in a building in Salisbury Villas in Station Road. This Unit had been set up by the then Professor of Experimental Psychology, Oliver Zangwill, with the support of the Regius Professor of Physiology as an embryo psychiatry department and to accommodate work on psychopathology. Judy Dunn joined me to work on the longitudinal project and soon others, also interested in developmental research, came to the Unit. Among the early researchers were Joanna Ryan, who set up a project on language acquisition in subnormal children and her graduate student, Elena Lieven; Frances Barnes, Paul Light and Barbara Antonis, who came to work on the continuation of the longitudinal project. The developmental research grew as the psychopathologists moved their work to buildings with better laboratory facilities and we simplified the name to the Medical Psychology Unit. In 1972 the lease of the building expired (it became a language school) and we moved to our present premises on the top floor of the Old Cavendish Laboratory. This became vacant when the physicists moved to a new building on Madingley Road. We were later joined in the building by Social and Political Sciences. In the early days of the Group the administrative links were with the Experimental Psychology Laboratory and the, then, Postgraduate Medical School. With the setting up the Clinical School and its Department of Paediatrics, that became our medical link and, indeed, has proved a valuable source of research collaboration and support. With my appointment to a teaching post in Social and Political Sciences and our close proximity to them - geographical and intellectual - that became our other link and we are now a part of the Faculty of Social and Political Sciences.

While the group has never had a narrow definition of its area of interest, this has always, directly or indirectly, concerned parents and children. Projects have ranged from fetal life through all the years of childhood onto marriage and childbearing. We have always been a multidisciplinary group and among our number we have people who began their careers and continue to teach in psychology, sociology, social anthropology, history, medicine and zoology. In professional terms, as well as links with Paediatrics, we have close connections with psychotherapy, social work, counselling, midwifery, the education system, divorce conciliation, child and adult psychiatry, and adoption and fostering. Because in our work we have always tried to place the development of children in its social context, many of our studies have concerned the role of professionals as well as parents, in such settings as labour wards,
secondary schools, neonatal units, divorce courts and child abuse case conferences.

The University provides us with the fundamentals of working space, equipment and an administrative structure and all other research funds come from outside bodies. Funding sources range from Government departments, the Research Councils, to private foundations and industry. In the early years the Nuffield foundation played a particularly important part in our support. Today our grant income is approximately £200,000 per year. The bodies currently providing our funding are listed under the individual projects. As with most social science research the bulk of the projects are funded on a relatively short-term basis, of which the major part is salaries. Some postgraduate students are attached to the Unit, and, when space permits, visitors needing space to work for a short time or on sabbatical leave are also accommodated.

Our weekly research seminars (see p.31) have been a feature of the Group since the earliest days. These we have used to widen our horizons by asking people outside the Group to come and talk about their work, as well as for discussion of our own projects. We are pleased to welcome a very diverse audience at these meetings. The meetings have always been held at lunchtime, and in the Station Road era in the summer we often met in the garden under an old pear tree. Today we have a seminar room which affords excellent views of Kings College Chapel and some of the older parts of Cambridge. This room also houses a small library which has grown from an original collection of books from the Institute of Child Psychology, a gift of the Lowenfeld Trustees. The central themes of the collection are the interrelationship of child psychology and psychotherapy, and child care manuals for parents. We also hold the Lowenfeld Archive. This has many papers and letters by and related to Margaret Lowenfeld as well as her test material and other records of the activity of the Institute of Child Psychology. We also have an archival collection of papers and research reports produced by members of the Group.

Martin Richards
Martin P.M. Richards

First degree (Zoology, 1962) and a Ph.D. (1965, working on maternal behaviour in the golden hamster) from University of Cambridge. After a period working at Princeton University and the Centre for Cognitive Studies at Harvard I returned to do research in the Child Care and Development Group. In 1970 I became a University lecturer in Social Psychology and in 1989 Reader in Human Development. Main research interest has been in parent-child relations, including the influences on this of medical and other professional practice.

Parental divorce and children

For the past decade I have been involved in a series of studies of the effects of parental divorce on children and the ways in which the legal system and related activities in the voluntary sector cope with divorce. Studies have ranged from interviews with parents to the analysis of court judgements, and has been funded by the ESRC and the DHSS. Recently I have become interested in extending the work into a more general consideration of the interconnections of parent-child relationships and those between parents. This research which is at a preliminary stage involves both historical and cross-cultural analysis.


A new project begun in 1989 investigates the longer term effects of parental divorce for children using existing data from large scale longitudinal studies. This work will be carried out in collaboration with Jane Elliott and is funded by the Health Promotion Research Trust (see p.24).

On a more practical level I have been concerned with the development of divorce conciliation in Cambridge. See Richards, M.P.M. (1990) Divorce Cambridge Style. Family Law, November issues.

Neonatal care

A considerable part of the work of the Group in the recent past has been related to the provision of specialised care for sick and term infants and the ways in which this care may influence the infants relationships with their parents. A major concern has been the effects of separation on this relationship and ways in which such effects may be ameliorated. In the last few years with growing attention being paid within neonatal units to the support of parental relationships, my attention has turned to an examination of decision making about the provision of care and related ethical issues.

An overview of our research related to neonatal care may be found in J.A. Davis, M.P.M. Richards and N.R.C. Robertson (eds) 'Infant-Parent Attachment in Premature Infants'. Croom Helm, 1983.
Prenatal screening for genetic and congenital abnormalities of the fetus

One of the most rapidly expanding areas of medicine in the development of methods for fetal diagnosis through such techniques as amniocentesis, ultrasound scanning, chorion villus biopsy and gene probe methods. The deployment of these methods poses a series of psychological and social questions, especially for parents, which as yet have been little investigated. Together with Jo Green I am engaged in a project to investigate some of these questions which started in 1989 (see p.7). As part of this work we are studying screening for sickle cell anaemia. The project has been supported with a major grant from the Health Promotion Research Trust. The grant holders are Martin Richards, Jo Green, Martin Bobrow (Guy’s Hospital) and Ann Oakley (Social Science Research Unit, Institute of Education, London).


A second study began in 1990 which is concerned with the reactions of families to the diagnosis of a son with Duchenne muscular dystrophy. The work is being carried out with Professor Martin Bobrow of Guys Hospital and is funded by the Muscular Dystrophy Trust.

The family ties of prisoners

A study of the extent to which male and female prisoners are able to retain their links with family and children was begin in 1990 (see p. 15).

Some other relevant books and papers:


THE MATERNITY SERVICES RESEARCH GROUP

WORK IN PROGRESS

Social and psychological aspects of prenatal diagnosis

March 1989 to February 1992

Research team: Josephine Green, Merry France-Dawson, Helen Statham, Claire Snowdon

Grant holders: Martin Richards, Josephine Green, Martin Bobrow (Guy's Hospital) and Ann Oakley (Social Science Research Unit, Institute of Education, London)

Funded by the Health Promotion Research Trust

Screening for fetal abnormalities has become an integral part of antenatal care for most women. The majority will now expect to have at least one ultrasound scan during the course of their pregnancy, and blood tests to measure the level of alpha fetoprotein are also the norm in many hospitals. Women who are identified as being at high risk on the basis of these screening tests, or on the basis of their age, race or previous history, are likely to be offered amniocentesis which can offer a more definitive diagnosis.

This study is examining the experiences of an unselected group of women at nine hospitals with different screening policies. Women are completing four postal questionnaires: prior to booking, at 20 weeks, at 36 weeks and six weeks after the birth. Some women and their partners are also being interviewed.

The questionnaires monitor changes in women's knowledge and attitudes with regard to screening during pregnancy. These will be considered relative to other aspects of their lives including:
- reproductive history,
- experiences during this pregnancy,
- perception of their own risk of fetal abnormality,
- attitudes towards abortion,
- attitudes towards medical care,
- the desire to obtain information,
- hospital practice.

Anxiety about fetal abnormality will be examined in the context of other sources of anxiety and the woman's predisposition to being anxious. 1756 women have been recruited to the study.

There are two additional projects supplementary to this study:

The sickle cell study

This study is replicating the methodology of the main study with a sample of women from 2 hospitals in the West Midlands. The sample will contain a high proportion of women of Afro-Caribbean origin who are at increased risk of having sickle cell trait (i.e. being a carrier). We will be looking at differences between Afro-Caribbean and non-Afro-Caribbean
women within this sample, and at differences between these groups and the main sample. The study is being carried out by Merry France-Dawson, and recruitment started in September 1990.

Ultrasound observation

With a grant from the Marie Stopes Research Fund, we are pursuing some of the issues arising from the main study concerning ultrasound scanning. We will be visiting three of the main study hospitals and approaching women waiting for their scan. We will give them information about the research and ask whether we might accompany them during their examination. At this time we will collect some information about the woman's background, her previous experiences of scanning and her attitude to the pregnancy. We will observe the scan and afterwards talk to the woman about her understanding of what had happened and her feelings about it. We plan to interview 30 women in each hospital at the time of their routine scan at 18-20 weeks.

Publications


DUCHENNE MUSCULAR DYSTROPHY: FAMILIES' RESPONSES TO DIAGNOSIS AND GENETIC COUNSELLING

Date started: January 1990
Date due to finish: December 1992

Researcher: Josephine M. Green

Grant holders: Martin Richards, Josephine M. Green, Martin Bobrow (Guy's Hospital).

Funded by the Muscular Dystrophy Group of Great Britain and Northern Ireland

The last few years have seen major changes for potential carriers of Duchenne muscular dystrophy, both in the diagnostic information that can be given and in styles of genetic counselling. This study will examine families' responses to diagnosis and genetic counselling. The study has the following aims:

(1) To assess the relative efficacy of counselling, advice, information and support given by different people (including paediatricians, geneticists, health visitors, support groups and church and religious groups) and how this is viewed by the recipients.
(2) To describe the attitudes of the families to future reproduction and prenatal diagnosis and how such attitudes may have altered with counselling.

(3) To identify aspects of advice and help that may have had particularly positive or particularly negative effects on attitudes.

(4) To compare the experience of families who have received care through one of the major specialist centres with families who receive care elsewhere.

(5) To examine effects that the disease and decision making about it may have had on the relationship between the parents and each of their involvement with the care of the affected son and other sons and daughters.

(6) To examine effects of the disease and its progress on siblings of the affected child and relatives outside the nuclear family.

Data will be collected by postal questionnaires and interviews from families who have had a child with Duchenne muscular dystrophy diagnosed since 1978. It is hoped that approximately 400 families will be contacted.

RESEARCH COMPLETED

Implications of medical staffing structures for midwives and doctors on the labour ward.

Research Team: Jo Green, Vanessa Coupland, Jenny Kitzinger

Publications


Women's expectations and experiences of childbirth

Research Team: Jo Green, Vanessa Coupland, Jenny Kitzinger

Publications


Josephine Green

I graduated in Psychology at the University of Sheffield, 1970, Ph.D. at the Hester Adrian Research Centre, University of Manchester, 1973. My research has ranged from problems of numeracy (or otherwise) amongst Arts graduates to the problems of families of handicapped children and adults, and the support that they receive from both statutory and voluntary bodies. I am currently Senior Research Associate on the Maternity Services Research project.

In addition to the projects described here I shall also be working on a study of families affected by Duchenne Muscular Dystrophy. this project is funded for three years from January 1990 by the Muscular Dystrophy Group of Great Britain (Grant holders: Martin Richards, Martin Bobrow (Gyps Hospital, London) and myself). We will be looking at parents' feelings about the information they have been given, the use that they feel that they can make of genetic risk estimates, and the implications of carrying an X linked disorder for family relationships.

Helen Statham

After graduating from the University of Durham in 1972 with a degree in Zoology, I undertook research on frog muscle physiology (University of Liverpool, 1972-76) and on human cultured muscle cells (Royal Post Graduate Medical School, 1976-83). The human muscle work was funded by the Muscular Dystrophy Group, and although employed as a cell biologist, my interests increasingly tended towards genetics and the implications for families of prenatal diagnosis.
Before joining the MSRG as a Research Associate on the prenatal screening project, I spent 3 years researching women's experiences of termination of pregnancy following the detection of fetal abnormality.

**Claire Snowdon**

I graduated in 1987 and worked as a research assistant in the Dept. of Community Medicine at St Thomas' Hospital, London. The greater part of my time there was spent working on a study to assess the impact of family care officers on families affected by neuromuscular disease.

I joined the MSRG as a Research Associate in 1989 and I am also working for an MA in Women's Studies. The focus of my dissertation is reproductive technologies and women's experiences of donating and receiving eggs.

**Merry France-Dawson**

After graduating in Anthropology and Biology in 1982 and Genetics in 1984, I worked at the Royal College of Nursing first as a research assistant and later as a research officer. Projects in which I was involved focussed on the role of the clinical nurse specialist caring for

(1) Ostomates and
(2) Juvenile diabetics.

I then worked on a two part four year study on sickle cell conditions. This examined amongst other things, nurses', health visitors' and patients' knowledge of the conditions, patients' perceptions of their health needs, the care they received from health care professionals and how they coped with having a sickle cell condition.

While working on this project, I did a small scale study (for a degree in research methods) which focussed on beliefs and attitudes towards pregnancy, childbirth, contraception and abortion (all of the sample members were known to have one or more sickle cell genes).

I joined the Maternity Services Research project in April 1990 to work on the sickle cell study. This project is funded until July 1992.
MARRIAGE AND EXTRAMARITAL RELATIONSHIPS

Date started: January 1987
Date due to finish: 1991

Researchers: Janet Reibstein and Martin Richards

Funded by William Heinemann, Publishers

While it is generally agreed that many, if not most, married men and women have some extra marital sexual experience, very little is known about the phenomena. Without better knowledge many kinds of support and help for married people are less effective than they could be. The presence of HIV virus in the community both changes the significance of extra marital sex and makes better knowledge of it more pressing. This study aims to investigate extra marital relationships in the context of marriage with the aims of a) mapping out their types, number and frequency; b) building an adequate typology to describe them and; c) to provide an understanding of the motives that lead to the various kind of involvements or their absence. Thus while the study concentrates on non-monogamy, it is hoped that this study will illuminate people's feelings about and expectations of marriage.

Recent Publications


Janet Reibstein

I qualified as a psychotherapist with a special training and interest in therapy with couples and families. I received my Ph.D. in Human Development (Psychology) from the University of Chicago (1981) and post-graduate psychotherapy and clinical training certificates from the University of Chicago Department of Behavioral Sciences, Michael Reese Hospital, Dept. of Psychiatry (1983) and Northwestern University Medical School/Family Institute of Chicago (1984).

My previous work and research interests have been on therapeutic change, particularly in groups; on change through important life cycle transitions; on psychotherapy with families; and on marriage and their changes at important life cycle events. Present work includes teaching and training people to do psychotherapy with couples and families as well as continuing to do psychotherapy with individuals, couples and families.
NIGHT WAKING IN INFANCY

September 1984 to December 1988
Grantholder: Martin Richards

Researcher: Gordon K. Scott (left September 198

Funded by The Health Promotion Research Trust

Night waking in babies is one of the difficult problems that parents of young children may have to face. There are many different ideas about what causes the problem and what is best done about it. The study aimed i) to discover exactly how common the problem is and whether it is typically associated with particular kinds of families or living circumstances and, ii) to test out a booklet written for parents to see if it helped them with their night waking problem.

We did this with i) a postal survey of the incidence of night waking in a representative sample of about 1000 English one year olds and ii) an intervention study in which support and information was offered to the mothers of children under 18 months who were waking regularly at night. The study is now completed and we are writing up results for publication.

i) The postal survey of families

Addresses of 1500 families with one year olds were obtained from the community health registers in 6 Health Service Districts. These were selected from the north and south of England and from urban and rural areas to get a cross section of communities. Each family was sent a questionnaire which included questions about night waking and other aspects of child rearing as well as some details about the family. 69% of the families returned the questionnaire.

About half of all families reported some kind of problem with their one year olds sleeping and 26% said their baby was waking on average at least 5 nights a week. Night wakers were found with equal frequency among all social class, among breast feeders and bottle feeders, among boy and girl babies, and among all types of housing. However, they were more common in households which were overcrowded. Babies that regularly slept in their parents' bedroom were more likely to wake regularly but it is not clear whether this is because night wakers are more likely to be taken into their parents' bedroom or because being in the parents' bedroom disturbs the baby.

From the replies it is clear that though there was a wide range of attitudes to night waking (some parents, for example, did not think that a baby waking 5 times or more a week was 'a problem') many found night waking
very stressful and mothers of night wakers were less likely to say they
generally felt well. They also more often wanted their partners to help
more with the baby. Mothers also had more mixed feelings about their babies
if they woke often.

Parents had tried a very wide range of ways of dealing with night
waking - from sleeping medicines to leaving the baby to cry. No method
seemed particularly helpful and the rather depressing picture is that the
problem is a very persistent one, at least through the first year.

ii) The intervention study

Mothers with night waking babies they considered a problem were
divided into 3 groups (30 mothers and babies in each). The first were given
our booklet which was especially written for the study and support visits,
the second the booklet only and the third neither the booklet nor support
visits until the end of the study. A fourth comparison group of mothers and
babies who did not wake at night was also included. All 4 groups were
assessed after 3 months.

On all our measures of night waking - number of nights the baby woke,
number of times the baby woke each night - and the assessment of how well
the mothers themselves felt, all three night waking groups improved over
the three months of the study but no one group did better than the others
suggesting that our booklet and support visits were not particularly
helpful (at least as far as these measures are concerned). However, mothers
said they valued the visits and that they found the booklet interesting and
useful.

It was of course disappointing to find no particular improvement in
night waking in the families who received our booklet and visits from
Gordon Scott. Other studies have found night waking to be intractable and
perhaps we were over optimistic to expect a marked improvement in 3 months.
All babies tended to sleep a bit better as they got older. Some parents
said they felt better able to cope with the problem after reading the
booklet even though the night waking itself had not changed much.

A book for parents on night waking is in preparation.

Publications

Scott, G.K. Night Waking in Infancy. Child Care and Development Group,
1985. (The booklet used in the intervention study).

the Health Promotion Research Trust.

providing advice and support for parents. J. Child. Psychology
Psychiatry, 31, 551-567.

Scott, G.K. Night Waking in Infants: a review. (In preparation)

Scott, G.K. and Richards, M.P.M. (1990) Night Waking in 1 Year Old
Children in England. Child: Care, Health and Development, 16, 283-
302.
IMPRISONMENT AND FAMILY TIES

Date started: October 1990
Date due to finish: December 1992

Research team: Martin Richards, Brenda McWilliams and Pat Owens.

Grant holder: Martin Richards.

Funded by the Home Office.

The research aims to evaluate the extent to which male and female prisoners are able to maintain relationships with their families, especially their children. The research will evaluate the provision in Prison Department establishments for fostering family ties, and for promoting family stability. It sets out to examine whether there is a relationship between the provision of facilities at prisons, the maintenance of family ties and the rehabilitation of the prisoner. The research will involve interviewing prisoners before and after their discharge as well as members of their families.

Brenda McWilliams

After graduating in Mathematics from London University, I worked for 10 years in the civil service, first at the Royal Aircraft Establishment in Farnborough, and then at the Home Office Research Unit (in the probation and after-care section). I was involved with several studies related to prison and probation, and I coordinated one large-scale random allocation project across five probation areas. Later, in Sheffield, I undertook some research into discretion in the breaching process of community service orders. I also worked at the MRC unit doing clinical assessments of patients referred for therapy to an experimental clinical project. I have most recently been employed on a DOH funded project at the Institute of Criminology, looking at Intermediate Treatment for juvenile offenders. My responsibility has been coordinating the project and processing and analysing the data generated. I also provided statistical and computing advice to a number of short-term fellows at the Institute, and I am a member of the selection committee for Cropwood Fellows.

Selected publications

(1990) Intermediate Treatment and Juvenile Justice: Key Findings and Implications from a National Survey of IT Policy and Practice. London: HMSO. (with A.E. Bottoms and others)
Pat Owens

I graduated in Archaeology and Anthropology, and did my Ph.D. research at Cambridge University. My thesis was on the relationship between family life and public housing policy. Other research has been on services for disabled people, the nursing service and organisational change in the NHS, and more recently on the reforms in the NHS White Paper on General Practice, with Professor Howard Glennerster at the London School of Economics. I have also done short projects on disability among children in India for the Overseas Development Administration, and on accidents and elderly people for the Institute of Gerontology, Kings' College London.

Main publications


NATIONAL STUDY OF TRIPLETS AND HIGHER ORDER BIRTHS: THE PARENTS STUDY


Researcher: Frances V. Price

Funding sources: Department of Health (until 31st July 1990); Doris Bott Fund.

The tasks of tending, nurturing and caring for triplets, quadruplets, quintuplets or sextuplets - higher order multiple birth children - place extraordinary demands on their caretakers, at first in hospital and later at home. The National Study of Triplets and Higher Order Births, of which the parents study is an integral part, was the first population based study of the problems faced by those responsible for the care of these children. The main objective of the study of parents was to obtain information about their sources of assistance, advice and material benefit and their specific needs and problems. Parents' own views about the resources, needs and nature and timing of the practical help and support required were central to the study.

The Final Report to the Department of Health was based on the analysis of the first two hundred and ninety-nine questionnaire returns from, and also seventy-four interviews with, parents whose triplets, quads and quins were born in the years 1979-1988 inclusive. The wide-ranging social and economic implications of a higher order multiple birth are emphasised in the Report, as is the need for adequate provision of support and assistance to the parents of these children, especially in the preschool years.

A book Three, Four and More: The National Study of Triplets and Higher Order Births was published by HMSO in 1990.

Frameworks for Understanding Public Interpretations of Science and Technology: Diagnostic Obstetric Ultrasound and In Vitro Fertilization

Associate Director/Consultant: Frances Price


This project was part of the ESRC Initiative 'Public Understanding of Science'. A book edited by Alan Irwin and Brian Wynne is to be published in 1991.
Information about the Prospect of Triplets

Date started: August 1990
Date expected to finish: July 1991
Funding source: Department of Health

This research project follows from the recently completed Parents Study of the National Study of Triplets and Higher Order Births (see above). The main objective is to develop and pretest written material about the prospect of triplets and quads for women and men attending infertility clinics in the UK.

The Representation of Kinship in the Context of the New Reproductive Technologies

Consultant to ESRC funded project directed by Professor Marilyn Strathern, University of Manchester.

Recent Publications


Frances Price

Graduation in Sociology at the University of Wales in Cardiff was followed by employment first as a research assistant to Professor Peter Townsend in the Dept. of Sociology, University of Essex and subsequently as a lecturer in adult and continuing education employed by the Universities of London, Brunel, Lancaster and the Open University. When my two children were older, an SSRC studentship enabled me to complete my Ph.D. The exploration of ideas about intent, choice and assistance in relation to parenthood predominate in my current work.
1. POST PARTUM DEPRESSION AND INFANT DEVELOPMENT

Date started: October 1985.
Date expected to finish: March 1992.

Researchers: Lynne Murray and others

Funded by the Winnicott Trust, Medical Research Council, and Camilla Samuel Fund.

This research is now based in the Winnicott Research Unit, Department of Psychiatry.

Background

Studies of children aged 1-15 years, whose mothers suffer from depression, show impaired outcome on measures of cognitive and language development, a raised incidence of psychiatric disturbance, and greater insecurity of attachment.

Methods

This research project aims to elucidate the processes involved, by carrying out a prospective longitudinal study in which comparisons are made of interactions between depressed mothers and their infants and randomly selected control mothers and their infants, over the first 18 months of life. Assessments are also being made of these children's development on a range of cognitive and linguistic variables.

Recent Publications

2. THE PREDICTION AND TREATMENT OF POSTNATAL DEPRESSION, AND THE PREVENTION OF ITS ADVERSE EFFECTS ON INFANT DEVELOPMENT

Starting date: October 1989
Date expected to finish: September 1992

Researchers: Lynne Murray, Peter Cooper, Ian Goodyer, Steven Smith, Angela West, Freda Gardner.

Funded by the Birthright and the Royal College of Obstetricians and Gynaecologists Award.

Information about the epidemiology of postpartum depression from the first study described above in a population of over 700 Cambridge mothers, combined with the evidence from Dr Peter Cooper's study of the prevalence and course of postnatal depression in a large Oxford sample has permitted Dr Cooper and me to draw up a predictive index, for antenatal administration, to identify women at risk for postnatal depression. This predictive index will be administered at antenatal clinics, and its sensitivity and specificity will be established by following up all potential cases in a random sample of potential non cases at 6 weeks postpartum. The index could then be used by those working in obstetric clinics to identify a high risk population who would benefit from special care.

Women identified in this phase of the study as suffering from postnatal depression will be randomly assigned to one of four conditions: routine primary care, non directive counselling, psychotherapy, or mother-infant interaction treatment. This last treatment will be developed on the basis of the specific pattern of deficits in mother-infant relationships identified in the first study described above. The infant's outcome on a range of measures and the mother's emotional state, will be monitored for eighteen months to compare the relative effectiveness of the different treatments.

Lynne Murray and her collaborators moved to the Department of Psychiatry in October, 1990. Current address:

Winnicott Research Unit,
Fenners,
Gresham Road,
Cambridge.

Tel: (0223) 336974
GIRLS AND THE TRANSITION TO SECONDARY SCHOOL: HEALTH IMPLICATIONS OF GIRLS' ADJUSTMENT TO MENSTRUATION

Date started: April 1989
Date due to finish: April 1992

Researcher: Shirley Prendergast

Funded by the Health Promotion Research Trust

Menarche and the early experience of menstruation are pivotal events in the process of young women's understanding of, and coming to terms with, themselves as adult. The experience not only organises their knowledge of the body, both cognitively and psychologically, but operates as a powerful symbolic marker of the ways in which this new female identity is socially valued. Although seen as private and personal, and rarely openly discussed, menarche and menstruation are, like other experiences of the body, as Turner demonstrates, nevertheless shaped by the social contexts in which they occur. For young women school is the first major public setting in which such new identities will be learned about and made manifest, through which these values will be lived, and where the experience must be emotionally and practically dealt with. For most girls these events occur in parallel with the early years of transition from primary to secondary school, a time when the curriculum and educational achievement become more polarised in relation to gender.

Although these are important issues, with potential long term consequences for education and health, we know very little about them, particularly in relation to the experiences of girls themselves. The research combines ethnographic and quantitative methodologies, working through four LEA's to provide data on both girls' knowledge and experience of these events, and the setting - the secondary schools, the curriculum, the attitudes of teachers and the actual lessons, in which they take place. An extensive literature review, a report, and following book and journal articles and, hopefully some curriculum materials for schools are planned for 1992-3.

Recent Publications


(with Alan Prout) 'Some reflection on pupil knowledge as a resource in parenthood and family life education'. In Childhood. Milton Keynes: Open University (Course PE631), 1985.


Previous work, now completed

Knowing and learning about parenthood in school (funded by the Health Education Authority) explored the ways in which adolescents' knowledge about parenthood generally framed in everyday experience meets more formally constructed knowledge in the secondary school curriculum, drawn from developmental psychology, biology and medicine. Pupils were interviewed in depth before classes began and followed through lessons in an ethnographic study of the classroom. They were interviewed again to establish what new learning had taken place and the impact of different frames of meaning on learning processes. Pupils' own accounts of their knowledge and learning were the central resource of the study matched against an observation of the classes they took. (This work was done jointly with Alan Prout, published in 1987.)

Active learning in the classroom (also funded by the Health Education Authority), was an ethnographic study of classroom process, evaluating Open University learning materials packs Childhood and Family Lifestyles.

Shirley Prendergast

I graduated in Social Anthropology at Cambridge. I have mostly worked in educational research using ethnographic quantitative methods to explore aspects of health, sexuality and the learning process. I am particularly interested in exploring recent sociological debates about the body in relation to women's health.
THE CONSEQUENCES OF DIVORCE FOR CHILDREN

Date started: April 1989
Date due to finish: April 1992
Researcher: B. Jane Elliott

Funded by the Health Promotion Research Trust

I began work in April 1989 with Martin Richards on a three year project investigating some of the consequences of divorce for adults and children, particularly those related to health. The work is based on the analysis of three existing large data sets, the Health and Lifestyle Survey and the 1958 and 1970 National Birth Cohort Surveys. Using multivariate statistical analyses and computer modelling techniques we hope to illuminate the processes by which the experience of divorce influences adults and children. It is hoped that improved knowledge of these processes and outcomes after divorce will provide a better basis for the growing number of counselling, support and legal services which cater for divorcing couples and their children.

B. Jane Elliott

I graduated in 1987. The Cambridge Tripos system allowed me to do Part IA of my degree in Mathematics and Part II in Social and Political Science. After finishing my degree I helped several members of Child Care with the analysis of their data. I also worked for a year in the Department of Psychiatry analysing data from the Health and Lifestyle Survey as research assistant to Dr Felicia Huppert.

Publications


Elliott, B.J. Divorce and adult health: the mediating effect of gender. (Submitted to *Social Science and Medicine*).
HISTORY OF CHILD GUIDANCE

Researcher: Deborah Thom

Currently seeking funding for research project entitled Records of Child Guidance to start in 1991. I am writing up the last project on maladjustment in context in articles and book form.

Selected Recent Publications


Currently writing a book on educational psychology, intelligence testing and child guidance from 1940-1970 called The History of the Clinic.

Deborah Thom

My first degree was in history after which I trained as a teacher and taught in a London comprehensive for two years. I then reentered higher education at Warwick University with an MA in Comparative Labour History followed by a variety of part-time teaching jobs in higher education for 6 years while I had my first 2 children. I did my Ph.D. on women's employment and the First World War part-time at my main place of work, Thames Polytechnic. In January 1982 I began a 3 year research project on the history of intelligence testing at the Department of Education, Cambridge and followed this by a second ESRC project at the Child Care and Development Group. I am Director of Studies in Social and Political Science at Newnham and Robinson Colleges and a Fellow of Robinson. I am course organiser for the Women in Society paper in SPS and lecture in the History and Education faculties as well. I am interested in the history of social regulation, particularly of women and children, and hope to extend the child guidance project into the 1980s.

With Dr L. Ashby I am continuing a research project on the case note records of the Cambridge clinic for which we are using SPSS for bulk data assessment. I continue to collect and encourage the preservation of records of clinics.
MARGARET LOWENFELD RESEARCH FELLOW

Researcher: Cathy Urwin
Funded by Margaret Lowenfeld Trust until September 1990

Cathy Urwin has carried out a small-scale longitudinal study of relationships between same-aged babies. She is interested in making links between psychoanalytic and other clinical approaches and academic developmental psychology, and has just completed training as a child psychotherapist.

Recent Publications


Cathy Urwin

I studied psychology at Bedford College, London from 1968 to 1971 and then did a Master's course at Nottingham University with John and Elizabeth Newson. I came to Cambridge in 1972 to do research for a Ph.D. on social interaction and early language development in blind infants. I then worked in Oxford with J.S. Bruner on a project on early language development, before taking a post as a lecturer at Warwick University.

In 1981 I took up a position as Margaret Lowenfeld Research Fellow. This position was supported by a Trust fund set up in the name of Margaret Lowenfeld, a child psychotherapist who practised from 1928 until her death in 1973. Broadly speaking, the original purpose of the Fellowship was to foster link-making between academic developmental psychology and the concerns of child psychotherapists, paediatricians and other practitioners. While holding this post I have carried out a research study on social relationships between same aged babies, and a historical study of childcare books. Dina Lew helped in the initial stages of this work and more recently the historical survey has been done jointly with Elaine Sharland. From 1984 I also began training as a child psychotherapist at the Tavistock Clinic, London. From September 1989 I will be working part-time in London as a child psychotherapist while continuing to work here on a one day a week basis.

Dr Urwin now works as a child psychotherapist in London. Current address: Emanuel Miller Centre, Gill Street Health Centre, 11 Gill St, London E14. Tel: (071) 515 6633
PARENTAL DIVORCE AND ADOLESCENTS' ATTITUDES TOWARDS MARRIAGE

Date Ph.D. started: October 1986
Finished 1990

Researcher: Fiona Tasker (left the Group in July 1990)

Funded by an Economic and Social Research Council Post-graduate Award

The research is concerned with the effects of differing parental marriage relationships and parent-child relationships on teenagers' current close relationships and dating experience. From this, and the teenagers' expectations of their own possible marriages in the future, inferences are being drawn about the processes involved in the repetition of family patterns and parent-child relationships across generations.

The respondents in this study are both male and female 18 year olds in the Cambridge area who come from varying social class backgrounds. These adolescents were asked to fill in a survey questionnaire. From their answers to the questionnaire a smaller group of subjects were selected for interview.

I obtained a B.A. in Psychology from University College of Swansea in 1986 and my Ph.D. in 1990.

Fiona Tasker now works in the Clinical Research Unit, City University, Northampton Square, London E1V 0HB.

DIVORCE AND KINSHIP

Date Ph.D. started: January 1988
Date due to finish: June 1991

Researcher: Christina Sinclair

Funded by Alberta Heritage Scholarship Fund, Canada, and ORS Award

My research explores the connections between extended family relationships and the attitudes and decision-making of couples in such areas as courtship and marriage, management of conflict and parenting. Through interviews and questionnaires I am comparing both across generation (parents and grandparents) and within generation (parents and their siblings). I am using a sample of Cambridge families which includes married, common-law, divorced and re-married households.

I graduated BA (Psych) 1973, University of Tasmania, Australia and MSc (Psychopathology) 1976, University of Calgary, Alberta, Canada. I am a clinical/counselling psychologist and divorce mediator. I am a partner in a group practice in Calgary which offers assessment and therapy for individuals, couples and families, primarily in the areas of relationships, stress and substance abuse. I am involved in the divorce conciliation movement in the UK and provide seminars and case consultation.
INTERMITTENT FATHER ABSENCE AND THE DEVELOPMENT OF CHILDREN

Date Ph.D. started: October 1984
Date finished: June 1989

Researcher: Nicola Totterman (left Group August 1989)

Funded by Economic and Social Research Council, CASS Studentship

Background

Intermittent father absence is a fairly common family pattern, yet little research has been carried out in this field. Most father absence studies tend to concentrate on children whose fathers are absent due to divorce, death or desertion. The few studies that do exist suggest that boys, being more affected than girls, develop poor peer relationships, sleeping problems, aggressive behaviour, hostility as well as attention seeking and fearfulness.

Present study

The present study is concerned with children from naval families who experience frequent separations from their fathers. Some children may only see their father for a few weeks of the year and odd week-ends. Other children may experience separation from the father for 6-9 months at one time. Fathers may also be intermittently absent for 12-18 months after which they may be home for the same length of time. Two groups of families were examined. One group, whose fathers had been intermittently absent from home for the last two years or more, was compared with a group of children whose fathers were home for a similar length of time. Age and sex were taken into account as well as age of child when father first went away to sea. 90 mothers and children were interviewed. Children were interviewed about their feelings regarding their father going away and their self-concept. In addition the older children were given a depression scale. Mothers were interviewed about their children's behaviour and their adjustment to the father's intermittent absence and presence in the home. Questions were also asked about mothers' own coping strategies of being part of a two parent household yet spending a great deal of time as a single parent, the support they receive from their husbands, family and friends when their husbands are home and away. The results were written up for my Ph.D. thesis.

Nicola Totterman

I graduated from Oxford Polytechnic with a joint honours degree in Psychology and Anthropology after which I received a M.Sc. in Child Development from London University, Institute of Education. I then spent three years at the Royal Manchester Children's Hospital, as a research assistant, working with children with leukaemia. I gained my Ph.D. in 1989. My research interests have ranged from mothers' attitudes towards early post-natal care both in England and Finland, language mixing in bilingual and trilingual speaking children, the effect medical treatment has on the intellectual development on children suffering from leukaemia to father absence and the effect on children's emotional and social development.

Current address: 112 N. 4th St, Highland Park, New Jersey 08904, USA.
MARRIAGE AND FAMILY LIFE IN EGYPT

Marjaneh Halati joined the Group as a graduate student in January 1989. She is working on aspects of middle class marriage in Egypt and plans to compare Islamic fundamentalist couples with other Islamic and with Coptic couples.

INTERMARRIAGES AND INTEGRATION OF TURKISH IMMIGRANTS

Sultan Kocaoluk. I am working on the role of the intermarriages in the integration of Turkish migrants in Britain.

I joined the Group as a graduate student in January 1990. I studied sociology at the University of Istanbul and also did my M.A. degree at the same university.

This work is supported by a studentship from the Ministry of Education of the Turkish Government.

CROSS-CULTURAL STUDY OF THE TRANSITION AND ADJUSTMENT TO MOTHERHOOD

Natasha Mauthner. I joined the Group in October 1990. I am interested in the way in which women experience the transition to motherhood, and in the social factors - in particular the social support system - which make this transition easier or more difficult. This study will be set in a cross-cultural context, considering women living in the UK, and women living in the shanty towns of Caracas, Venezuela.

This work is supported by a studentship by the Medical Research Council.

HOUSEHOLD FORMATION AND FEMALE FERTILITY IN SHANTY TOWNS IN CARACAS, VENEZUELA

Myra Hunt. In conjunction with the 'Centro de Investigaciones Para la Infancia y la familia' in Caracas, I am researching the processes in shanty town household formation and the determinants of female fertility. I began work as a graduate student in October 1990, having graduated in Social and Political Sciences just over a year earlier.
THE WORK OF D.W. WINNICOTT

Madeleine Davis

From 1971 until 1985, during the time our five children were growing up, I was a voluntary worker in hostels for ex-offenders in Manchester and then in Cambridge. I also worked in Manchester Prison. For the last ten years I have been involved in the publication of the posthumous papers of D.W. Winnicott, and am now one of the Editors to the Winnicott Trust and have special responsibility for the last stages before publication. I am co-author, with David Wallbridge, of Boundary and Space: an Introduction to the Work of D.W. Winnicott (Penguin Books, 1983). I am involved in conducting seminars on Winnicott’s ideas with the British Association of Psychotherapists and with the Cambridge-centred Bioenergetics Training course. Since 1984 I have also been training with the British Association of Psychotherapists, and see patients in Cambridge.

VISITORS

David Messer

Currently a senior lecturer in the Psychology Division, Hatfield Polytechnic, he spent a Sabbatical in the Group from January to September 1990. Among the work he did in this period was a follow up of our night waking study sample that took part in our postal survey (see p.13).
Child Care and Development Group
Lunchtime Seminars - Lent Term 1989
(Meetings held at 12.30 on Tuesdays in Room 606, CCDG)

January 24th
Lesley Regan - Dept Obstetrics & Gynaecology, Rosie
Maternity Hospital, Cambridge. "The effect of
reproductive history on pregnancy outcome."

January 31st
David Messer - Hatfield Polytechnic.
"The infants contribution to social interaction:
an examination of data patterns."

February 7th
Jeffrey Vass & Ruth Merittens - Dept. of Teaching Studies
North London Polytechnic
(general topic area) Social-cultural mediation of
cognitive development in children. (specific title t.b.a.)

February 14
Sheila Greene - Dept of Psychology, Trinity College,
Dublin.
(general topic area) Mother-child relationships. (specific
title t.b.a.)

February 21
Penny Mansfield - Marriage Research Centre
"Partnering and parenting."

February 28
Annette Lawson - Sociologist. "Adultery, the
masculination of sex and the feminization of love."

March 7
Penny Munn - MRC Unit, Madingley.
"Developments in social rule understanding during
children's third year."

March 14
Janet Walker - Centre for Family and Dispute Resolution:
University of Newcastle upon Tyne
"Conciliation processes: Are objectives being met?"

N.B. Please note that Ann Scott will be presenting a paper at the
Cambridge Group for the History of Psychiatry, Psychoanalysis and Allied
Sciences Seminar Wednesday Feb. 1 12.30 - 2.00 at the Dept of History &
Philosophy of Science, Free School Lane, Seminar Room 1.
Title - "Phantasy in question: The Maltlings House School in Cambridge
Re-Visited."

If you wish to come to a seminar, please arrive on time,
so we may begin promptly at 12.30 p.m.

Child Care & Development Group,
University of Cambridge,
Free School Lane,
Cambridge CB2 3RF

Tel. (0223) 34510
Child Care and Development Group

Lunchtime Seminars – Easter Term 1989

(Meetings held at 12.30 on Tuesdays in Room 606, CCDG)

April 25th

Harry Ferguson – Graduate Student, S.P.S.
"The Cleveland child sex abuse crisis: historical & cultural reflections".

May 2nd

John McKinney – Psychology Dept., Michigan State University, U.S.A.
"Values & agency in adolescence".

May 9th

Lesley Regan – Dept. Obstetrics & Gynaecology, Rosie Maternity Hospital, Cambridge.
"The effect of reproductive history on pregnancy outcome".

May 16th

"The social impact of genetic screening".

May 23rd

Alan Prout – South Bank Polytechnic, London.
"Food as a cultural artefact in children's social relationships – (some undigested thoughts!)".

May 30th

Janet Walker – Centre for Family & Dispute Resolutions: University of Newcastle upon Tyne.
"Conciliation processes: Are objectives being met?" (to be confirmed)

June 6th

Nicola Totterman – Child Care & Development Group
"The intermittent husband syndrome among naval wives".

If you wish to come to a seminar, please arrive on time, so we may begin promptly at 12.30 p.m.

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CHILD CARE AND DEVELOPMENT GROUP

Lunchtime Seminars - Michaelmas Term 1990
(Meetings held at 12.30 on Tuesdays in Room 606)

16th October
Mildred Blaxler, Centre for Health Policy Research, University of East Anglia. 'Lay perceptions of health'.

23rd October
Fiona Tasker, City University/Child Care & Development Group, Cambridge. 'How to avoid the mistakes of my parents: teenagers' attitudes to marriage and the repetition of parental divorce'.

30th October
Susan Golombok, City University. 'Children in non-traditional families': children in lesbian families and those created as a result of the new reproductive technologies.

6th November
Gwyn Davies, Faculty of Law, University of Bristol. 'The response of lawyers and courts to marital breakdown and related quarrels: how do they get away with it?'

13th November
Paul Bellaby, Centre for Health Policy Research, University of East Anglia. 'A child with AIDS': myth and reality.

20th November
Judith Ennew, with Ann Dolan, Streetwise. 'Databasing for street children: the work of Streetwise International'.

27th November
Liza Catan, The Home Office. 'Infants with mothers in prisons: a psychological study in HMP Holloway, Styal and Askham Grange.'

4th December
Bobbie Wells, Department of Education, Cambridge. 'Cooking the books: girls, socialisation and household science 1900-1930'.

If you wish to come to a seminar, please arrive on time, so we may begin promptly at 12.30 p.m.

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