University of Cambridge
Centre for Family Research
Annual report 2018-2019
Centre for Family Research

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In November 2019, just as I was thinking about a topic for this year’s Annual Report, a legal colleague sent me a link to the Hansard records of the House of Lords and House of Commons’ debates on the new Human Fertilisation and Embryology Act (2008) that had taken place the previous year. Of all the controversial issues raised by the Bill – embryo research, interspecies embryos, sex-selection, the screening of embryos for genetic disease, and access to identifying information about sperm, egg and embryo donors - the one that prompted the strongest feeling, and took a disproportionate amount of parliamentary time, was the proposal to remove the clause in the 1990 Act that mandated fertility clinics to take account of the child’s need for a father in the decision of whether or not to offer assisted reproduction, and replace it with the requirement to consider the child’s need for supportive parenting. The original clause meant that most clinics only offered treatment to couples who would create traditional families; the new wording would open the door to single and lesbian women.

The idea that clinics would deliberately create families without fathers was anathema to many esteemed members of both Houses, who argued vociferously against it. What was especially interesting to me, was that the studies conducted by the Centre for Family Research were at the centre of this debate, used by both sides to make their case. In the Lords, Baroness Deech acknowledged our findings that children in lesbian mother families do well, but then went on to undermine our research by erroneously, or perhaps disingenuously, arguing that the research was limited and focused on young children only. In the Commons, our research was tossed around like a football by MPs; used by Iain Duncan Smith and Robert Key to make a case against the change in legislation, and Evan Harris and
Phil Willis to argue for it. Ultimately, the new law came into force with the proposed change included, paving the way for greater recognition and acceptance of new family forms. As the MP, Phil Willis, a member of the Government’s Science and Technology Committee, responsible for drafting the Bill, put it, “The overwhelming evidence ....... was that the supportive family unit was important, which is why we made the recommendation we made.’

Looking back at these debates in Hansard reminded me of the many other ways in which the Centre’s research has influenced policy and legislation on the family since that time. In the United Kingdom, the Law Commission of England and Wales and the Scottish Law Commission are currently seeking to reform the law governing surrogacy, taking account of our research in their provisional proposals. Their June 2019 consultation paper included a five-page section on the findings of our research on families formed by surrogacy and on surrogates’ own families. A draft Bill is expected to be brought before parliament soon. It is likely that the Surrogacy Arrangements Act (1985) will be repealed and replaced with a new law that regulates surrogacy in a more up-to-date way, reflecting current attitudes towards surrogacy, and the increased understanding of how this way of building a family works.

In addition, our research evidence showing that children born through surrogacy do not suffer long-term harm, together with our findings on both the children of gay fathers and the children of single mothers by choice, led to an amendment to the Human Fertilisation and Embryology Act. Previously, only couples were permitted to become the legal parents of children born through surrogacy in the UK. In May 2016, Sir James Munby, then President of the Family Division of the High Court, ruled that the Human Fertilisation
and Embryology Act discriminated against single parents, and was, therefore, incompatible with the European Convention on Human Rights. In 2019, the Act was amended to permit single parents to become the legal parents of children born through surrogacy. Our research on surrogacy has also been influential internationally, and included in reports by the Swedish Government, the Dutch Government, the Swiss Child Protection Foundation, and the New York State Task Force on Life and the Law.

Our research on egg and sperm donation has also had an impact, both at home and abroad. In 2013, the recommendation of the Nuffield Council on Bioethics that donor-conceived children should be told about their genetic origins, ideally when they are young, was based, in part, on oral evidence from members of the Centre and our scientific publications on this topic. The French Parliament’s Report on the Revision of the Law on Bioethics also cited our oral evidence and research papers, and proposed that France should amend the law on assisted reproduction to allow single women and lesbian couples to access treatment. In September this year, France’s lower House of Parliament approved the draft Bill. With respect to embryo donation, when the German Ethics Council recommended in 2016 that legal parenthood should be transferred from the donors to the recipient couple at time of embryo transfer, and that a database should be established to enable anyone over age 16 who had been born by reproductive donation to access information about their genetic origins, our research was acknowledged as ‘welcome inspiration’ for the Council’s discussions.

Perhaps the most significant impact of our research has been on legislation on marriage equality in the United States, the United Kingdom, and other countries, and on joint adoption by lesbian and gay couples. Although the work of many research groups has
been considered in relation to these issues, we are proud to have played a part in challenging prejudices and assumptions about the psychological consequences of same-sex parents for children.

Looking to the future, we find ourselves in the realms of high-tech reproductive and genetic technologies, such as mitochondrial donation to enable those at risk of passing on life-threatening genetic conditions to have healthy children, and germline genome editing, not yet deemed ethical or safe, but which has the potential to do the same. The research carried out at the Centre for Family Research on children born through assisted reproduction is contributing to international discussions on whether, and how, these innovations should be used in future to create families – families that were beyond most people’s wildest imaginations when the new Human Fertilisation and Embryology Act was debated in the British parliament in 2007.

Closer to home, the Centre for Family Research participated in the 2019 University Staff Survey. We achieved a 100% participation rate, and 100% endorsement of the following questions: “I would recommend my area of the University as a great place to work,” “I am able to take ownership and responsibility across the duties of my role,” “In my experience people work together effectively within my area of the University,” and “I feel informed about what is happening in my area of the University.” For all of these questions, the Centre scored well above the average for the University as a whole.

The Centre’s seminar series continued to attract diverse and thought-provoking speakers: Dr Nanette Gartrell, Williams Institute, UCLA School of Law, *U.S. National Longitudinal Lesbian Family Study: from Regan to Trump*; Dr David Frost, Department of Social Science, UCL, *Does minority stress still matter? Stigma, intimacy, and the health of*
same-sex couples; Professor Paul Ramchandani, LEGO Professor of Play in Education Development and Learning, Faculty of Education, University of Cambridge, Getting in early - the challenge of effective early intervention; Dr Mark McGlashan, Birmingham City University, Representing same-sex parents: non-traditional families?; Dr Katherine Bristowe, Cicely Saunders Institute of Palliative Care, Policy & Rehabilitation, King’s College London, The ACCESSCare Studies: Improving care for LGBT people facing serious illness or bereavement; Harry Benson, the Marriage Foundation, Marriage: just a piece of paper?; Dr Hana D’Souza, Department of Psychology, University of Cambridge, Towards embracing complexity to understand development: the case of Down Syndrome; Dr Claire Powell, Children’s Policy Research Unit, UCL Great Ormond Street Institute of Child Health, Mother-child separations in prison: problematizing the role of attachment theory in policy and practice; and Dr Ruth Pearce, University of Leeds, Transgender Pregnancy.

A highlight of the year, in Easter term, was our screening of Andrew Solomon’s film, Far From the Tree, at the Arts Cinema, followed by a Q&A with Andrew Solomon hosted by Alex Graham, creator of the popular television series, Who do you think you are? We held a lively drinks reception afterwards, and a dinner at King’s College for Andrew’s guests.
We were also delighted to learn that Elena Cologni’s sculpture, *Seeds of Attachment*, inspired by the Centre’s Margaret Lowenfeld Library while she was an artist-in-residence with us in 2016, won first prize in the joint Royal Society of Sculptors/Society for Public Health competition. The Centre is currently making further forays into the art world. We are especially excited by our collaboration with the Fitzwilliam Museum on an exhibition on the family, scheduled to open in October 2022.

![Image of Seeds of Attachment](image)

*Seeds of Attachment*

Life at the Centre continues to get busier and busier for our unsurpassable Administrators, Abby Scott and Hannah Tigg. It sounds like a cliché to say that I don’t know what I would do without them, but it’s absolutely true! Thank you Abby and Hannah for all you do for everyone at the Centre. We are so lucky to have you with us.
CFR Christmas party – channelling Abba

Professor Susan Golombok,
December, 2019.
NEW FAMILIES RESEARCH TEAM
Professor Susan Golombok

The team has had another successful year. We were delighted that Vasanti Jadva was promoted to Principal Research Associate, the equivalent of a Readership for academics on research contracts, in recognition of her work. Sophie Zadeh was appointed to a Lectureship at UCL. We were very sorry to lose Sophie, who has made an exceptional contribution to the work of the team over the past 10 years, but we are thrilled for her. The most difficult and competitive transition in academia is from post-doctoral researcher to a Lectureship, and it’s to Sophie’s credit that she has been snapped up by a prestigious institution. Fortunately for us, she will continue to collaborate on some of our ongoing studies. Her attachment to the Thomas Coram Research Unit at UCL, together with that of another of our former PhD students, Humera Iqbal, will strengthen the links between the two research centres, both of which focus on families and children. Susan Golombok has become a member of the Management Committee on the Thomas Coram Research Unit, which will also increase communication between us.

We were sad to say farewell to Tabitha Freeman, who has been a stalwart of the Centre for more than 12 years. Tabitha made an enormous contribution to our research on assisted reproduction families, giving a much-needed sociological perspective. Tabitha moved to Gloucestershire for family reasons, but continues to be involved in our longitudinal study of single mothers by choice. Career-wise, she is building on her expertise in family research by training in family therapy. We wish her every success and hope to remain in touch. Closer to home, Susan Imrie was appointed to the position of UTO in the Psychology Department for two years to enable Susan Golombok to focus on activities...
relating to our Wellcome Trust Collaborative Award. And we were delighted to welcome two new members to the team - Niamh Chalmers and Georgie Jones - both of whom are recent graduates of the Psychology Department’s Psychology and Behavioural Sciences Degree.

Several of the team’s studies have reached the writing-up phase this year. The first paper from the follow-up of children adopted by gay fathers, lesbian mothers and heterosexual parents, which was carried out when the children reached adolescence, was published in the journal *Attachment and Human Development*. The findings showed that children in gay father families are at least as likely to be securely attached to their parents as are children in lesbian mother and heterosexual parent families. A further paper on the children’s adjustment is currently under review. We found that although there were no differences between the three family types in the proportion of adolescents showing emotional and behavioural problems, the number classified as having a psychological disorder had doubled since the previous phase of the study when the children were aged around six years. The sharp increase in adjustment difficulties at adolescence was not unexpected given the traumas that many of the children had experienced before being placed with their adoptive parents. The adolescents’ experiences in their adoptive families also appeared to make a difference; those whose adoptive parents had lower levels of mental health problems, and showed a higher quality of parenting, were less likely to experience emotional and behavioural problems. Anja McConnachie, who has run the study from the start, is currently completing a PhD based on the project, and plans to submit her thesis in December, 2019. Also on the topic of fathers, Kitty Jones finished her study of stay-at-home fathers, finding them to be just as competent at parenting as mothers, and she will also submit her PhD thesis in December, 2020. Kitty spent one month as an intern in
Sweden, funded by the ESRC, where she visited family centres and learned about policy on fathers, especially Sweden’s progressive legislation on paternity leave.

We also wrapped up the second phase of our study single mothers by choice. Sophie Zadeh, Tabitha Freeman and Jo Lysons carried out Phase Two when the children were around 10 years old, joined by Sarah Foley at the analysis stage. Contrary to the common assumption that single mother families have greater problems than two-parent families, we found no differences in parenting or children’s adjustment compared to families with a mother and father. However, irrespective of the number of parents in the family, higher levels of parental stress and higher levels of children’s adjustment difficulties when the children were young, predicted higher levels of difficulties at adolescence.

Susan Imrie and Sophie Zadeh’s first paper on their ground-breaking study of families with transgender parents - the only in-depth study worldwide of parent-child relationships and the development of young children who have experienced a parent’s gender transition – was accepted for publication this year. The paper presents children’s thoughts and feelings about their parent’s gender transition, and shows that children are more accepting, and less troubled, about this experience than previously assumed. A second paper, focussing on parenting and child adjustment in these families, is currently under review.

On the topic of sperm donors, Susanna Graham and Vasanti Jadva’s comparison between men who donate via a sperm bank and men who donate via a connection website was published this year, as was Vasanti Jadva’s study of couples who sought surrogacy outside the UK, carried out in collaboration with Natalie Gamble, the UK’s leading surrogacy lawyer. The research provided insight into couples’ motivations and experiences of surrogacy in the US and Asia.
In terms of new projects, our 5-year Wellcome Trust Collaborative Award entered its second year, and all of the studies under the umbrella of the grant are now fully underway. Susan Imrie, Vasanti Jadva and Jo Lysons, with the help of Kate Shaw, Jess Grimmel, Niamh Chalmers and Georgie Jones, have steamed ahead with the second phase of the investigation of families formed using identifiable egg donors. The families were first seen when the children were one, and are now being followed up when they reach age 5. As with all our research, the families are located around the country, so a great deal of travelling has been involved. Although we can’t stretch to all of those who have moved further afield, our intrepid researchers made trips to the Channel Isles and Switzerland so as not to lose precious families from the research. Sarah Foley and Vasanti Jadva have made great progress with the study of co-parenting, a new phenomenon whereby people who are not in a romantic relationship meet over the internet with the purpose of having children together. Sophie Zadeh has been conducting a study of single fathers by choice, and Susie Bower-Brown, Vasanti Jadva and Susan Imrie have initiated an investigation of transgender people who have children following their gender transition. We also began our ESRC-funded study of shared parenting this year. Shared parenting is a new way of lesbian couples creating families such that one woman’s egg is used to create an embryo with donated sperm, and the other woman carries the pregnancy. This enables both mothers to have a biological connection to their child.

In 2019, Susan Golombok was appointed as a Commissioner on the International Commission on the Clinical Use of Human Germline Genome Editing, established by the US National Academies of Science and Medicine, and the Royal Society. The remit of the Commission is to establish how best to proceed, should germline genome editing ever be deemed ethical and safe. Susan was also elected as a Fellow of the British Academy this
year. She was a Visiting Distinguished Scholar at the Williams Institute, UCLA, and was honoured to have her first study of lesbian mother families, published in 1983, included in the Journal of Child Psychology and Psychiatry’s special issue to celebrate Professor Sir Michael Rutter’s contributions to the field. She also visited the University of Melbourne where she gave a public lecture. In terms of policy, she was invited to give evidence on children born through surrogacy to the UK Law Commission Review of the Law on Surrogacy and, together with Vasanti Jadva, to attend the All-Party Parliamentary Group on Surrogacy as well as a meeting hosted by the UN Special Rapporteur on the sale of children, child prostitution and child pornography. In addition, Susan was invited to give evidence on children born through assisted reproduction to the French National Assembly Parliamentary Committee on Bioethics, and to attend a Downing Street meeting on family policy. Susan was on sabbatical this academic year, and wrote a new book, *We Are Family: What really matters for parents and children*, to be published in 2020 by Scribe in the UK and Australia, and by Public Affairs in the US.
**NEW FATHERS AND MOTHERS RESEARCH TEAM**  
Professor Claire Hughes

*NewFAMS comes to the lab.* Many of the children taking part in the New Fathers and Mothers Study (NewFAMS) started school this September (2019). Given the significance of this event in children’s lives, we have conducted a shoe-string budget study of pre-school predictors of children’s success across the transition to school, led by a small team of international students. This included two new German graduate students (Annika Maus, who had previously visited the CFR as a student intern and Christina Pomerada), and the two Italian graduate students (Matteo Zaffarti, a newly qualified clinical psychologist and Chiara Basile, from the University of Pavia). These graduate students were ably assisted by Alex Worlding, our research placement student from the University of Bath, as well as by Masters students from the Faculty of Education. Together, this group of researchers invited families to come for Saturday lab visits, held in the Faculty of Education. Previous waves of NewFAMS have been conducted either via home visits (prenatally and at ages 4, 14, 24 months) or via nursery visits (at age 3). This was therefore the first time we had asked NewFAMS parents to take the time to come to visit us at the University of Cambridge. This change in approach maximised the efficiency and scope of data-collection, in that by holding the lab visits on Saturdays we were not only able to see around 4 families per day but were also able to include fathers in our observations. This lab-setting also enabled us to film children playing with an age-mate, an important observational context for children who are about to start school. Thus this ‘age 4’ wave extends both the developmental and conceptual reach of NewFAMS, setting the foundation for future analyses that will examine not only stability and change in parent-child interactions across 4-time-points from 4-
months to 4-years, but will also evaluate distinct parental measures (e.g., sensitivity, warmth, autonomy support, mind-mindedness, mental state talk, spatial talk) as predictors of children’s cognitive and social development just prior to school entry. Between March and July we were able to work with 99 families. We hope to catch a further 20+ families in early 2020 – and so include the NewFAMS children who will start school in September 2020.

NewFAMS – Changing of the Guard.

It was with much sadness that we said farewell to Gabrielle McHarg, who submitted her PhD in August 2019, just days before returning to her native USA. Gabrielle was not only an exemplary PhD student, but also a much-loved member of the CFR who really played a key role in bringing the two teams together socially.

We were also sad to say goodbye to Alex Worlding, who had a very successful research year and is now completing his final year at the University of Bath.
While the summer of 2019 saw many summer research students on short-term placements, I would like to mention Chiara Basile, a graduate student from the University of Pavia in Italy who, during her 5-month placement made a great contribution to the age 4 wave of NewFAMS. I was therefore delighted to learn that this research placement had been pivotal to her gaining funding to conduct a PhD, which she will be completing under the supervision of Serena Lecce (who is herself a regular visitor to the CFR). We hope that this PhD will provide an opportunity for future cross-cultural work, linking age 5 of NewFAMS to a parallel study in Italy – a model that has worked very well in the past.

Alongside the different projects within the NewFAMS study, this year also saw an expansion of research interests to include the experiences of different individuals within foster families. Although the negative impact of fostering on carers’ birth children is the most commonly cited reason for placement breakdown, birth children are often ignored within research and policy. To fulfil her MRes degree, a former Cambridge student, Rachael Chapman conducted three separate studies that together integrated the views of professionals and carers involved in fostering (via two separate Delphi studies and a small-scale study involving speech samples provided by the birth siblings themselves (coded for positive/negative talk and reference to thoughts/feelings etc). The aim of a Delphi study is to conduct a multi-stage survey with individual feedback in order to identify both consensus views (e.g., among experts and among carers) and points of divergence. For example, in relation to the value of using research to design or evaluate policies, families were often more supportive of evidence-based practice than social workers, who were more likely to draw on personal experience. Integrating these twin perspectives, Rachael is now building on her own research by training as a social worker herself – we wish her all the very best in this new career (and in her forthcoming marriage to Chris!)
NewFAMS – a growing publication record. Several of the newly published NewFAMS papers (total is now 11 and growing) were under review last year and are described in the Centre for Family Research Annual Report for 2018-2019. More recent additions include papers that examine:

a) links between couple relationship quality and mother-infant talk, which indicate a compensatory effect by which, for mothers with sons, dissatisfaction with partner is associated with increased talk to baby

b) within-couple linkage in prenatal diurnal cortisol, which appears particularly strong in the context of high levels of maternal anxiety / depression, suggesting interpersonal influences are evident at physiological as well as interpersonal levels

c) toddlers screen-time as a predictor of sleep difficulties and impairments in inhibitory control

d) independence of executive function and parental style as predictors of early conduct problems.

Other publications. As detailed in my publication record for the year, this year has also seen the fruit of my collaborative work with four other studies, including:

i) EBLS (Botnar Foundation funded Evidence for Better Lives Study – involving birth cohort samples from 8 low and middle income countries and led by Prof Manuel Eisner from the Institute of Criminology);

ii) FRESH intervention (NIHR funded Families Reporting Every Step to Health – an intervention to promote physical activity in East Anglian families with pre-adolescent children, led by Dr Esther van Sluij, at the Institute for Public Health);
iii) EPICC (Nuffield Foundation funded Evaluation of Picture-Book Intervention in Children’s Centres, led by Prof Lynne Murray at the University of Reading);
iv) Imagine ID (MRC-funded national study of children with intellectual disability of genetic origin, co-led by Dr Kate Baker at the Cognition and Brain Sciences Unit).

This year was relatively quiet on the talks / research trips front: two key players in the NewFAMS team (Gabrielle McHarg and Sarah Foley) gave well-received presentations at the Society for Research in Child Development in Baltimore USA. Excluding my involvement in a two-day research grant meeting in Helsinki, Finland, this year I managed to keep my carbon footprint down by restricting my talks to the UK. These included both a symposium and a discussant role at the Developmental Section Meeting of the British Psychological Society (BPS) in Liverpool, as well as participation at an Anglo-Japanese workshop at the Annual BPS meeting in Stoke on Trent. Probably the most fun, however, was an invited talk in Sussex to mark the professorial inauguration of Prof Ali Pike, a friend from my post-doctoral years in London. Knowing that Ali puts humour very high on her list of priorities, I based my talk on the TV programme ‘TaskMaster’, aided by amusing pictures from Ali’s childhood, which made the audience (including her own children) laugh.

Perhaps one reason for my drawing in my horns with regards to travel in 2018-2019 is that this year saw me taking on three new responsibilities, of which the most significant is becoming Deputy HoD for the Psychology Department, with special responsibility for Wellbeing, Equality and Diversity (WED). Alongside taking a lead role in Athena SWAN work (no mean feat in itself), this role has enabled me to put in place several new ‘wellbeing’ initiatives, of which perhaps the most popular have been the monthly payday prosecco / pizza + posters events and corporate membership for the department of the Botanical
Gardens. With this ‘WED’ hat on, I have also completed a small (Equality and Diversity Unit funded) study of parents’ experiences of the joys and tribulations of combining childcare and careers. This study hinged on an online survey, completed by more than 500 staff (29% male) and I hope will inform and guide new university initiatives that will focus on staff making the transition back to work following a period of parental leave.

A second new responsibility is that, in January 2019, I became Developmental Psychology Subject Editor for a new series of OUP Primers. Book proposals under review include introductory texts on theory of mind, executive function, language disabilities and peer relationships. Finally, I have also become the external examiner for the Psychology Department in Oxford – from which I have already gleaned that there are major contrasts between Oxford and Cambridge, which I hope will yield valuable insights in how to shift the balance away from teaching and towards learning!
Dr Gail Ewing

*Research studies:* This year saw the completion of three carer studies with Professor Gunn Grande at the University of Manchester: a national survey of carer support provision in UK hospices and two feasibility studies of the Carer Support Needs Assessment Tool (CSNAT) intervention for carers of people with Motor Neurone Disease and of palliative patients discharged from hospital (see [http://csnat.org](http://csnat.org)).

Two further studies have been the validation and feasibility of the Support Needs Approach for Patients (SNAP) intervention with project lead, Dr Morag Farquhar from the University of East Anglia and Carole Gardener from the Dept of Public Health and Primary care at Cambridge (see [https://thesnap.org.uk/](https://thesnap.org.uk/)).

*Intervention Training:* An important aspect of Gail’s work is the delivery of training to support implementation of the CSNAT intervention in practice. This year saw the launch in February of the online CSNAT Toolkit in response to the interest in the CSNAT nationally and internationally: [http://csnat.org/training/](http://csnat.org/training/). The Toolkit forms a complete training and support package enabling organisations to plan, pilot, train and sustain comprehensive, person centred, carer assessment and support in routine practice.

Earlier this year, Alberta Health Services in Canada sought permission to implement both the CSNAT and the SNAP interventions throughout the province. In September, members of the CSNAT and SNAP teams delivered a series of training workshops and presentations in Edmonton and Calgary to support province-wide implementation.
Health policy impact: In February, the Royal College of General Practitioners (RCGP) and Marie Curie launched the Daffodil Standards for End of Life Care which include the CSNAT intervention as part of Standard 3 on Carer Support and SNAP for patients as part of Standard 5: Care based on assessed and unique needs. (https://www.rcgp.org.uk/clinical-and-research/resources/a-to-z-clinical-resources/daffodil-standards/the-daffodil-standards.aspx) Related to the Daffodil Standards, Gail and Gunn Grande have been commissioned by RCGP and NHS England to develop a Masterclass on identifying, assessing and supporting carers which form part of the education and training programme for GPs.

National and international engagement with the CSNAT intervention. This year the CSNAT teams has been involved in many different events to raise awareness of the intervention and promote its adoption in healthcare practice. Highlights included the CSNAT conference in Cambridge, made memorable by the ‘CSNAT Rap’ performed by members of the Specialist Palliative Care Team in Manchester. CFR also hosted an international CSNAT workshop bringing together three palliative care teams from Norway and one from Portugal for a training session prior to implementation of translated versions of the intervention.

The REF 2020: Gail’s work in CFR on ‘Enabling comprehensive, tailored support for family carers, nationally and internationally, through development, validation and implementation of the Carer Support Needs Assessment Tool (CSNAT) intervention’ has been selected by the University as an impact case study in Unit of Assessment 4.
Publications and Presentations

Susie Bower-Brown

Presentations


Gail Ewing

Publications 2018-19


**Publications - abstracts**


Gardener AC, Ewing G, Farquhar M (2018). Validation of the support needs approach for patients (SNAP) tool to enable patients with advanced COPD to identify and express their support needs to healthcare professionals. BMJ Supportive & Palliative Care;8: Abstracts of Marie Curie Conference October 2018. 10.1136/bmjspcare-2018-mariecurie.20.


**Book chapters**


Ewing G and Grande GE. Providing comprehensive, person-centred assessment and support for family carers towards the end of life: 10 recommendations for achieving organisational change. London: Hospice UK. https://www.hospiceuk.org/docs/default-source/What-We-
Grande G, Ewing G. Informal caregivers in palliative and end of life care: their importance, how caregiving affects them and how we may support them in R MacLeod and L Van den Block (2019) (eds) Textbook of Palliative Care, Springer International Publishing.

**Presentations (other than published abstracts)**

Translation, training and implementation: sharing international experiences of the translation of CSNAT and developments in the training and implementation of the CSNAT Approach. 25th May 2018. European Association for Palliative Care, Switzerland.

How can carers be supported better at end-of-life? A mixed methods study to identify recommendations for change in organisational structures/processes. 20 July 2018 Greater Manchester Supportive and Palliative Care Research and Audit Conference, University of Manchester, UK.

Enabling support for family carers of people with MND through adaptation of a Carer Support Needs Assessment Tool (CSNAT) Intervention. 20 July 2018. Poster presentation at Greater Manchester Supportive and Palliative Care Research and Audit Conference, University of Manchester, UK.

Carers within Palliative Care. 20 July 2018. Poster presentation at Greater Manchester Supportive and Palliative Care Research and Audit Conference, University of Manchester, UK.

Enabling successful hospital discharge to home at end of life: how can we support family carers? 20 July 2018. Poster presentation at Greater Manchester Supportive and Palliative Care Research and Audit Conference, University of Manchester, UK.

Embedding evidence based assessment and support for family carers into practice: strategies for success. 20 July 2018. Poster presentation at Greater Manchester Supportive and Palliative Care Research and Audit Conference, University of Manchester, UK.

How do family carers feature in end-of-life-care policy? Scoping review of UK national policy/guidelines on implementing carer assessment and support. 20 July 2018. Poster presentation at Greater Manchester Supportive and Palliative Care Research and Audit Conference, University of Manchester, UK.


How We Can Support Family Care Givers. 16th May 2019
Primary Care and Public Health 2019 Conference. Birmingham, UK.

How can we support carers? 21 May 2019
Westminster Health Forum Policy Conference: Improving palliative and end of life care in England
London, UK

Enabling person-centred care for palliative care patients and their informal carers: definitions, challenges and implementation. 24 May 2019
Symposium at European Association for Palliative Care World Congress 2019, Berlin.

The Carer Support Needs Assessment Tool (CSNAT) Intervention: opportunities and challenges.
10 July 2019. Professional Development Meeting: St Vincent’s Hospital and Palliative Care Clinical Network. Melbourne, Australia

Ten recommendations for organisational change to enable person-centred assessment and support for carers during end-of-life care: a mixed methods study. 5 September 2019
Symposium at the Royal College of Nursing International Conference: How do we ensure family carers are supported during end-of-life caregiving? Lessons from a programme of research on carer assessment and support. Sheffield, UK.

CSNAT and SNAP interventions. 10 September 2019
Caregivers Alberta Study Day. Edmonton, Canada.

How can we best enable carers to express their support needs and work with them to provide the right support? 18 September 2019.
Scottish Palliative Care Network Conference, Edinburgh Scotland.

Caring for the carers. 1 November 2019
Living well with Frailty Conference. Keech Hospice, Luton

Elian Fink

Publications
Jenny Gibson, Elian Fink, Pablo Torres, Wendy V Browne & Silvana Mareva (2019) Making sense of social pretence: The role of the dyad, sex and language ability in a large observational study of children’s behaviours in a social pretend play context. Social Development


Elian Fink, Wendy Browne, Claire Hughes & Jenny Gibson (2018) Using a ‘child’s-eye view’ of social success to understand the importance of school readiness at the transition to formal schooling. *Social Development*.

**Presentations**

Elian Fink & Claire Hughes (September, 2019) Language Environment Analysis (LENA), *British Psychological Society Developmental Section Workshop*, Stoke-on-Trent: UK

Elian Fink (July 2019) Multi-informant approaches to measuring peer play, Measurement of Play Unconference, University of Cambridge: UK


Elian Fink (September 2018) Don’t look now! How do children use avoidance and disengagement to regulate their responses to distressing events between 5 and 6 years of age, Early Start, University of Wollongong: Australia

**Sarah Foley**

**Publications**


Hughes, C., Devine, R.T., Foley, S., Ribner, A.D., Mesman, J., Blair. C., & the New Fathers and Mothers Study Team. (in review) Couples Becoming Parents: Wellbeing Trajectories and Social Support Across the Transition to Parenthood. *Journal of Affective Disorders.*


**Symposia, Conference Papers and Talks**


Chair: Modern Fathers Symposium (2019, March). Biennial Meeting of the Society for Research in Child Development, Baltimore, USA.


Invited Lecturer, University of Pavia, Italy (2018, Dec). 12-hour lecture series on ‘Parent-Child Interactions’ for MSc. in Psychology, Neuroscience and Human Sciences.


**Prizes**

Susan Golombok

Publications


Books

Golombok, S. (in press). We Are Family, Scribe.

**Book chapters**


**Presentations**

Member of Panel on “Children’s access to information”, Law Commission Symposium on Surrogacy, September, 2019.


“Children with LGBT parents”. Invited lecture to the Williams Institute, UCLA. May, 2019.


“40 years of family research”. In conversation with Dr Susan Imrie, Newnham College, Cambridge. February, 2019.


“How is the family being shaped by, and shaping, modern life?” Invited presentation at The Ditchley Foundation conference, Oxford. October, 2018.

Professor Claire Hughes

Books and book chapters


Journal Publications

Under review


McHarg, G., Ribner, A., Devine, R. T., Hughes, C., the New FAMS Team. (Under review). Infant screen exposure links to toddlers’ inhibition, but not other EF constructs: A propensity score study. *Infancy*.

**In Press**


**Published**


**Susan Imrie**

**Publications**


Presentations


Vasanti Jadva

Publications

Imrie, S., Jadva, V., & Golombok, S. (under review) ‘Making the child mine’: egg donation mothers’ feelings about the mother-infant relationship. Journal of Marriage and Family


**Book chapters**


**Presentations**


**Kitty Jones**

**Presentations**

‘Daddy, are you Mummy or Daddy?’: Parent and child adjustment in UK stay-at-home father families. March 2019. Society for Research in Child Development Biennial Meeting. Baltimore, USA.

**Internship**

In October 2018, I spent four weeks in Skåne, Sweden, on an ESRC-funded internship. I went to different family centres to learn about support for new families and family policy.

**Sophie Zadeh**

**Edited volumes**


**Publications**


**Book chapters**


**Presentations**

Stories of sameness and difference: The views, experiences and outcomes of children and adolescents with a trans or gender nonconforming parent. Oct 2019, with Dr Susan Imrie. Thomas Coram Research Unit Seminar Series, UCL Institute of Education. UK.

The perspectives of children and young people with a transgender parent. July 2019. The International Association for Relationship Research Mini-Conference, UK.


Transparents and their children: An exploratory study inside and outside the family. July 2018, with Professor Susan Golombok & Dr Susan Imrie. Seminar for the Division of Gender, Sexuality and Health, NYS Psychiatric Institute and the Columbia University Department of Psychiatry. USA.

Towards a dialogical approach to social research. April 2018. Studio Seminar, Institut de Psychologie et Éducation, Université de Neuchâtel. Switzerland.
Active CFR Grants 2018-2019

XJAG/094
Grant holder: Dr Sarah Foley
Investigator: Dr Sarah Foley
Title: A parenting team?
Sponsor: ESRC
Period: 1st Oct 2019 – 30th Sep 2020
Amount: £118,593

XJAG/093
Grant holder: Professor Claire Hughes
Investigator: Professor Claire Hughes
Title: Picture book grant
Sponsor: University of Reading
Period: 1st Mar 2017 – 30 June 2018
Amount: £6,396

XJAG/092
Grant holder: Dr Gail Ewing
Investigator: Dr Gail Ewing
Title: Development, refinement, and acceptability of an educational intervention for informal carers of patients with breathlessness in advanced disease (Learning about Breathlessness Study 2)
Sponsor: University of East Anglia (FB NIHR)
Period: 10th Sep 2018 – 9th January 2020
Amount: £9,487

XJAG/091
Grant holder: Professor Susan Golombok
Investigator: Professor Susan Golombok
Title: Shared Biological Motherhood
Sponsor: ESRC
Period: 1st Apr 2019 – 31st March 2022
Amount: £468,684

XJAG/090
Grant holder: Dr Gail Ewing
Investigator: Dr Gail Ewing
Title: CSNAT website update
Sponsor: ESRC
Period: 1st Jan 2019 – 31st March 2019
Amount: £1,981
XJAG/089
Grant holder: Professor Claire Hughes/ Dr Elian Fink
Investigator: Professor Claire Hughes
Title: Supporting Successful Transitions to School and University
Sponsor: ESRC IAA
Period: 19th November 2018 – 31st March 2019
Amount: £1,200

XJAG/088
Grant holder: Dr Gail Ewing
Investigator: Dr Gail Ewing
Title: IAA Discretionary Fund - SNAP tool website development
Sponsor: ESRC
Period: 24th Aug 2018 – 31st March 2019
Amount: £2,000

XJAG/086
Grant holder: Dr Gail Ewing
Investigator: Dr Gail Ewing
Title: Strategies for National and International Engagement
Sponsor: ESRC IAA
Period: 1st August 2018 - 31st March 2019
Amount: £17,795

XJAG/085
Grant holder: Professor Claire Hughes/ Professor Manuel Eisner
Investigator: Professor Claire Hughes
Title: Evidence for better lives study – data innovation pilot
Sponsor: Fondation Botnar
Period: 1st June 2018 – 30th November 2019
Amount: £10,000 (total grant value £42,984)

XJAG/084
Grant holder: Dr Gail Ewing
Investigator: Dr Gail Ewing
Title: Accessing and delivering person-centred care in advanced non-cancer conditions:
developing and testing a Support Needs Approach for Patients (SNAP) with advanced COPD
(SNAP2 study)
Sponsor: University of East Anglia/Marie Curie Research
Period: 1st March 2017 – 31st December 2019
Amount: £10,995
XJAG/083
Grant holder: Professor Susan Golombok
Investigator: Professor Susan Golombok
Sponsor: Wellcome Trust
Period: 1st January 2018 – 31st December 2022
Amount: £1,552,401

XJAG/082
Grant holder: Dr Gail Ewing
Investigator: Dr Gail Ewing
Title: The CSNAT (Support for family carers of people with MND)
Sponsor: University of Manchester
Period: 1st July 2017 – 30th June 2019
Amount: £17,925

XJAG/081
Grant holder: Dr Gail Ewing
Investigator: Dr Gail Ewing
Title: The CSNAT online Project
Sponsor: Salford Royal NHS Foundation Trust
Period: 1st April 2016 – 30th September 2019
Amount: £24,596

XJAG/080
Grant holder: Dr Gail Ewing
Investigator: Dr Gail Ewing
Title: Research into Carers’ needs and a Strategy for Carer Support in Hospice Care
Sponsor: Hospice UK and Salford Royal NHS Foundation Trust
Period: 15th August 2016 – 14th October 2017
Amount: £16,070

XJAG/077
Grant holder: Professor Claire Hughes
Investigator: Professor Claire Hughes
Title: The impact of a family-based physical activity promotion programme on child physical activity: feasibility and pilot of the Families Reporting Every Step to Health (FRESH) intervention (15/01/19).
Sponsor: National Institute for Health Research (NIHR)
Period: 1st September 2016 – 31st October 2019
Amount: £10,236.96
**XJAG/055 Enhancement**  
Grant holder: Professor Susan Golombok  
Investigator: Professor Susan Golombok  
Title: Future Families: The social and psychological outcomes of emerging assisted reproductive technologies for individuals, families and society.  
Sponsor: Wellcome Trust  
Period: January 2013 – June 2019  
Amount: £150,016

**XJAG/076**  
Grant holder: Dr Elian Fink  
Investigator: Dr Elian Fink  
Title: Baby talk and baby blues: harnessing technology to investigate mechanisms of influence of parental wellbeing on infants  
Sponsor: Wellcome Trust  
Period: 1st August 2015 – 28th February 2018  
Amount: £100,000

**XJAG/69**  
Grant holder: Dr Susanna Graham  
Investigator: Dr Susanna Graham  
Title: Motivations, experiences and future expectations of men donating their sperm  
Sponsor: Wellcome Trust  
Period: 1st October 2014 – 1st September 2022  
Amount: £148,640